

Cariboo

Page 1 of 2

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Schroeter, Tom EMPR:EX

From: Golden Cariboo Resources Inc. [info@wayside-gold.com]
Sent: Thursday, October 20, 2005 1:13 PM
To: Schroeter, Tom EMPR:EX
Subject: Golden Cariboo Commences a \$1 Million Work Program

GOLDEN CARIBOO RESOURCES LTD.

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October 20, 2005

TSX Venture

Trading Symbol:

News Release 05-19

Golden Cariboo Commences a \$1 Million Work Program

The Board of Directors of Golden Cariboo Resources Ltd. (the Company) is pleased to announce that the Company has commenced a \$1,000,000 work program on its ground at the Cariboo Gold Project, near Wells, British Columbia under the direction of exploration manager Jim Yin, PhD.

Three diamond drills have been mobilized to the project to drill 8,000+ meters in three property areas. The aggressive program has targets within the historic mine trend and within the stratigraphy of Bonanza Ledge mineralization (an area of the property currently being permitted for production). The following targets have been located primarily by geology and prospecting:

- 1) Warspite/Mt. Proserpine Property located 4-8 km SSE of Barkerville (Overlooking the town): 28 holes, 3800 m to test mineralization and alteration associated with quartzite, argillite/phyllite and/or siltite bodies, and affiliated quartz vein systems.
- 2) Grouse Property located 7 km SE of Barkerville along Grouse Creek: 6 holes, 825 m to test alteration and mineralization at contact of limestone and clastic rock.
- 3) Craze/Wolf Property located 14 km ESE of Barkerville in the Tinsdale Creek area, and 20 km SSE of Barkerville along Peters Gulch Creek: 32 holes, 4100 m to test:
 - i) Bonanza Ledge-style pyrite replacement mineralization hosted in phyllite, argillite, siltite, & quartzite.
 - ii) Alteration and mineralization at contact of limestone and clastic rock.
 - iii) Massive and disseminated sulphides in or associated with quartz veins.

The Cariboo gold project is located near Wells and adjacent to the historic town of Barkerville, the centre of the Cariboo gold rush in the 1860s. The project encompasses the former producing Cariboo Hudson and Cariboo Thompson gold-and-silver mines on the property of Golden Cariboo Resources Ltd.; the Cariboo gold-quartz mine and the Hardscrabble tungsten mine on the property of International Wayside Gold Mines Ltd.; and the Aurum, Island Mountain, and the Mosquito Creek gold mines on property which is jointly held between International Wayside Gold Mines Ltd. and Island Mountain Gold Mines Ltd.

The Cariboo Gold Project's landholdings now cover 456 square kilometers (170 square miles) covering 57 kilometers (34 miles) in length and over eight kilometers (five miles) in width. In the Barkerville camp, 79 creeks have reported placer gold production. Recorded production from the area was 3.8 million ounces of gold (2.6 million ounces from placer and 1.2 million ounces from lode mining).

Jarrold Brown, P.Geol, has reviewed this news release as the qualified person as required by National Instrument 43-101.

On Behalf of the Board of Directors

J. Frank Callaghan
J. Frank Callaghan
President

This news release contains forward-looking statements regarding the timing and content of upcoming programs. Actual results may differ materially from those currently anticipated in such statements. The TSX Venture Exchange has neither approved nor disapproved of the information contained herein.

Schroeter, Tom EM:EX

TBE → RG
- PG

From: Lane, Bob EM:EX
Sent: Friday, November 07, 2003 5:03 PM
To: Anderson, Duane EM:EX; Carter, Michael EM:EX; Cathro, Mike EM:EX; Errington, John EM:EX; Grant, Brian EM:EX; Hermann, Fred EM:EX; Lane, Bob EM:EX; Lefebure, Dave EM:EX; Lewis, Jim E EM:EX; Marshall, James EM:EX; McArthur, Gib EM:EX; McKillop, Greg EM:EX; Ryan, Barry EM:EX; Schroeter, Tom EM:EX; Wojdak, Paul EM:EX; Wuschke, Steven EM:EX
Subject: Lane Weekly Report for NE-Central BC to November 7, 2003

Mineral Exploration News for NE-Central BC to November 7, 2003:

Mount Polley. Imperial Metals has released more impressive assays on its completed 3221 m, 16-hole phase 1 drill program on the Northeast zone. Hole WB03-15, the furthest hole to the SE, intersected 135 m averaging 1.16% Cu & 0.35 gpt Au. The zone has a minimum strike length of 275 m in a NW direction, but its width is unknown. Plans for phase 2 are being developed.

The first hole completed on the Springer zone, drilled to test beneath the current pit design, intersected 466.3 m grading 0.49% Cu and 0.36 gpt Au. The bottom 267.5 m of the interval is below the pit design and averaged 0.61% Cu and 0.49 gpt Au. Imperial has recently raised \$10 million for exploration, the bulk of which will go toward further work at Mount Polley. With early success at both the Northeast and Springer zones, the company will likely have two drills turning on the property in the near future.

Gibraltar. Staseko Mines has begun a third phase of drilling on the mine site east of the Pollyanna pit. The focus of the exploration program is the 98 Oxide zone, where the company is intent on developing sufficient tonnage to support the resumption of its SX-EW plant.

Cariboo (Most Likely), Cantin Creek and QR. Cross Lake Minerals and JV partner Gold Giant Minerals have initiated a 6-hole diamond drilling program on the Cariboo epithermal gold property located immediately east of the QR mine. Two holes are planned for the Cantin Creek epithermal gold prospect and a series of holes will be drilled at QR to further evaluate near surface skarn/propylite mineralization.

Nina. Dave Haywood and Gary Lee have mobbed into their Nina VMS property north of Germansen Landing to investigate (drill and blast) a coincident VLF-mag-Cu anomaly.

Star. Minterra Resource Corp. has optioned the Star property, centred 13 km NE of Aiken Lake in the Lay Range, from Ursula Mowat. The company is proceeding with an 8 line-km IP survey asap that will assist in the identification of drill targets. Mineralization consists PGE-bearing cpy and po within olivine clinopyroxenites and pyroxenites of the Polaris Ultramafic Complex.

3Ts. Southern Rio Resources is energized to initiate an approx. 20 hole diamond drilling program focused on establishing a resource for the Ted vein.

Laidman and Holy Cross. Bard Ventures is proceeding with small 3D Inversion IP surveys on the Laidman and Holy Cross epithermal gold prospects, located in the Nechako Plateau.

Bonanza Ledge. International Wayside Gold Mines Ltd. was forced to temporarily abandon development of its decline (by DFO order) and focus entirely on sediment & erosion control issues with respect to its upgrading of the Scouts Gulch road, the proposed haul route for the Bonanza Ledge bulk sample. Shut down resulted in the loss of 4-5 days of underground development.

Nuggett/Cunningham Creek. Consolidated Pacific Bay Minerals completed a trenching and sampling program on its Cunningham Creek area property in search for high grade gold veins and replacement zones.

TRB → Reg M
J. G. G.

Schroeter, Tom EM:EX

From: Beswick, Ed EM:EX
Sent: Monday, September 09, 2002 11:46 AM
To: Adams, Rick; Anderson, Duane; Bergen, Wally; Blackwell, Romona SRM:EX; Brown, Derek; Carter, Michael EM:EX; Cheetham, Pat; Conte, Rick; Curtis, Ross; Errington, John; German, Gerald; Guthrie, Shelley; Hall, Ted; Hermann, Fred; Jorgensen, Sharon; Kennedy, Wesley; Lefebure, Dave; McArthur, Gib; McKillop, Greg EM:EX; O'Rourke, Patrick; Parhar, Debbie PAB:EX; Passmore, Kim EM:EX; Phelan, Bill; Rennie, Lorna; Ringstad, Norm; Roberts, Steve EM:EX; Schroeter, Tom; Smyth, Ron; Stewart, Linda; Whale, Andrew; White, Don; Lane, Bob; MacDonald, Ken; McBride, Brian; McIntyre, Ken; Morgan, David; Pardy, Jamie EM:EX; Pittman, Ed; Rivers, Jan; Wood, Nancy
Subject: Prince George Update to Sept. 9/02

Issues:

Dangerous Occurrences:

Kemess: Cyclone feed pump self destructed and flew apart.. No injuries/under investigation by OHSC.

Bullmoose: Another incident of a dipper on a 2100 shovel dropping out of control while loading a haul truck. Peculiar was the fact that the shovel had been in operation about 4 hours without incident. No injuries.

FYI and Exploration Highlights:

Sustut Copper: Exploration field program for 2002 was completed last week, culminating in the drilling of a 1300' hole to determine the suitability of an ore pass designed to deliver ore to a lower elevation in the Sustut Valley. 27 other holes were drilled to help delineate pit limits, tonnage and grade. Feasibility and environmental studies continue to advance in preparation to making a production decision.

Brenda: Northgate starting to drill this week.

Frank Creek and Ace: Barker Minerals drilling and trenching was completed on the Frank Creek and Ace massive sulphide prospects. Second phase of drilling this month.

Nuggett Mountain: Consolidated Pacific Bay Resources completed a small ddh program. Further work is being contemplated.

Woodjam (Eastfield Resources). Three dd holes have been completed, with three holes are planned.

Noble: Preparing site for modest level of placer mining and soil samples for hardrock. Drilling will be postponed until 2003.

Cariboo: Trenched by Cross Lake Minerals with more work around QR contemplated.

Lustdust: Alpha Gold completing 19-hole, 8000-metre diamond drilling program.

Axelgold: Rubicon Minerals/Wheaton River Minerals drilling 7 holes.

Hawk: Redcorp Ventures 10-15 hole drilling program started.

Lorraine: Eastfield Resources - IP program was underway and drills should turn in late Sept.

Rainbow-Fairview: Diamond drilling will likely proceed later in September.

Placer:

Manson Creek Placer: Angel Jade Mines is expected to process about 50,000 - 60,000 yds by the end of its operating season. Future plans suggested to be significant. (40 person camp?)