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George Cross News Letter

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EVEREST MINES & MINERALS LTD.

[EVR-V] 1,689,830 SHS.

EARLY RESUMPTION TO BC - Everest Mines & Minerals has
EXPLORATION PROGRAM budgetted \$500,000 for next staged exploration on the 100% optioned

copper/ gold and copper/silver Kaza and Northstar projects in the Omineca district of BC and has terminate the option agreements on the Gnat Pass and Bam properties. Weather permitting, crews will be mobilized on both properties for multi-element soil geochemistry, geophysical IP/Mag suveys, trenching, and drilling mid-May, 1997.

The Kaza and Northstar properties, acquired from the original claim holder, had been explored intermittently when copper/silver mineralization was discovered in the early 1960's. Little or no evaluation for precious metal content had been completed. Everest optioned the properties in 1996 and completed a resampling program to confirm copper grades as well as silver and gold content.

On the Kaza property the exploration for 1997 has been expanded due to the positive IP survey results received in late 1996, which indicated positive results from a previous trenching program were not in the main zone of sulphide mineralization. Re-sampling of the old trenches produced the following results:

LENGTH COPPER GOLD SILVER

METRES 8 GR/T PPM.

10 0.46 4.69 7.0

10 1.5 4.77 17.0

5 3.1 1.86 30.0

The survey was originally proposed as 13 km total line

coverage. Interrupted by snowfall only 2.5 km were completed on 2.5 lines. The copper soil geochemistry overlays and matches the IP survey anomaly feature for feature. The soil anomaly is 850 metres long by 150 metres wide and still open at strike length. Deep overburden cover diminishes soil geochemistry as an exploration tool and the anomaly appears to dip beneath it.

Re-sampling of Northstar trenches verified the copper and anomalous silver content as follows:

LENGTH	COLLEK	SILVER
METRES	%	_GR/T
16	2.8	13.6
6	4.0	18.5
4	4.1	16.3
2	8.4	50.4
. 2	11.8	60.0
1	7.7	40.7

The highlight of the 1996 Northstar exploration program was the discovery of a previously unknown vein. The vein consists of massive chalcocite/covellite 0.75 metres wide in a 2 metre shear zone. Assays from the vein are as follows:

940 32