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George Cross News Letter

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LA ROCK MINING CORPORATION

[LAR-V] 17,390,897 SHS.

BARNDYWINE DRILL RESULTS - Dr. Robert E. Lee, president,
reports La Rock Mining Corp.

has received assay results from exploratory holes in the McKenzie
Zone, on its Brandywine gold property, 30 miles north of Squamish,
B.C. La Rock holds a 100% interest, subject to a 0.5% NSR, with
363820 BC Ltd. holding an option to earn a 70% interest.

The three exploratory holes were drilled at 1,500 to 2,000-foot
step-outs, south from the DP Zone, to explore the outer perimeter of
the large geochem and pulse EM anomalies (about 1 mile by 0.5

miles in size) to determine if this area is a continuation of the DP
Zone or a new discovery. Values from the core are as follows:

HOLE NO.	ANGLE	INTERVAL WIDTH		GOLD OZ/T	SILVER OZ/T
		FEET	FEET		
MC95-1	-45°	471-474	3	0.019	1.72
		538-542	4	.115	1.87
MC95-2	-45°	132-138	6	.012	.73
MC95-3	-90°	410-415	5	.005	.29
		415-420	5	.039	1.91

Assays, geology and mineralization from this new area will be
assessed prior to further drilling.

Drilling has moved back to the DP zone. Hole DP95-24 has
been drilled 100 feet east of DP95-21, which returned 15 feet of 0.72
oz/ton gold, to extend the DP ore zone and to increase tonnage and
gold reserves. This core is now being assayed. The drill program
will carry on throughout the winter. (SEE GCNL NO.233, 5Dec95,
P.5 FOR PREVIOUS ASSAYS & FARM-OUT OPTION TERMS)

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