logged and sawn in half, with samples sent to ACME Analytical Laboratories of Vancouver, B.C., for analysis. Roca reported initial assays from holes FM04-01 to FM04-06 at the BRT showing on Sept. 1, 2004. Metallic screen assays (to capture coarse gold-silver mineralization) for these first six holes, and complete assays for the remaining 31 holes, will be released as they are received from the lab and compiled.

All aspects of the exploration program at Foremore are under the supervision of W.A. (Sandy) Sears, PGeo, a qualified person as defined by National Instrument 43-101.

IXL 082ENE033

Stockwatch News Item New Cantech Ventures Inc (C-NCV) - News Release New Cantech's Cougar on the prowl in B.C. 2004/10/13 11:23 New Cantech Ventures Inc.'s majority controlled subsidiary, Cougar Minerals Corp., has commenced a 6,000-foot drill program at its optioned property near Grand Forks, B.C. Partial results from previous trenching have been received. Mr. Dalton DuPasquier reports EXPLORATION RESULTS THE IXL, BURRELL AND EXTENSION CLAIMS

New Cantech Ventures Inc.'s majority controlled subsidiary, Cougar Minerals Corp., has commenced a 6,000-foot diamond drill program at its optioned property located approximately 75 kilometres north of Grand Forks, B.C.

Partial results from previous trenching have been received indicating an excess of 300 metres of strike length and open at both ends. Trench results include the following:

Trench 7 (partial true width) 5.5 metres at 3.85 grams per tonne gold, 4.8 grams per tonne silver and 0.8 per cent copper;

Trench 1 (110 metres northeast of Trench 7) 30 metres at 0.86 grams per tonne gold and 0.65 per cent copper; and

Trench 11 (200 metres northeast of Trench 1) three metres at 0.521 grams per tonne gold, 154 grams per tonne silver, 2.84 per cent copper, 3.2 per cent lead and 6.93 per cent zinc.

A single diamond drill hole drilled by Tuxedo Resources in 2003, 100 metres south of Trench 1, returned from 10.3 metres to 28.7 metres at 1.88 grams per tonne gold and 042 per cent copper.

Geological disclosure in this news release was reviewed and approved by Linda Caron, PEng, a qualified person under National Instrument 43-101. Ms. Caron was also the qualified person for Tuxedo Resources during the 2003 work program.

As reported in Stockwatch on June 18, 2004, the company assigned to Cougar an option to acquire 100-per-cent interest in the Grand Forks property. Subsequently, as reported in Stockwatch on Oct. 8, 2004, Cougar granted the company the right to acquire 50-per-cent interest in the same option by incurring \$200,000 of exploration expenditures. The acquisition by the company from Cougar of 50-per-cent interest in the option is subject to exchange approval.

Ingenika/Swannell property: Ferguson (Ingenika) 094C 002, Swannell 094C 005 & Onward 094C 003

Wasi Creek property: Carie 094C 130 Stockwatch News Item Bard Ventures Ltd (C-CBS) - News Release Bard Ventures, Cross Lake prepare for fall work Also Cross Lake Minerals Ltd (C-CRN) News Release 2004/10/13 14:08 Bard Ventures Ltd. and Cross Lake Minerals Ltd. have confirmed known anomalous zones on their Ingenika/Swannell property in B.C. in preparation for a fall program. The companies are also preparing to explore their Wasi Creek property in B.C. Mr. Eugene Beukman of Bard Ventures reports UPDATE OF ACTIVITIES

Bard Ventures Ltd. and Cross Lake Minerals Ltd. have released new results from the Ingenika/Swannell and Wasi Creek properties, north-central British Columbia. The properties are located in the Omineca region of north-central British Columbia. Bard is financing exploration on the properties under the terms of an option agreement to earn a 50-per-cent interest in the properties. Cross Lake is the operator of the programs.

Ingenika/Swannell property, north-central B.C.

The companies have completed a 3-D and 2-D induced polarization orientation survey and geological mapping over the historic Ingenika mine (22,677 tonnes grading 6.1 per cent zinc, 9.8 per cent lead and 119.9 grams per tonne silver, Minfile No. 094C 002). Previous IP surveys and geological studies completed over the deposit indicated that IP shows an anomalous response over the zinc-lead-silver sulphide mineralization. Both IP methods again showed anomalies over the known mineralization. With this confirmation a larger IP survey and geological mapping program will be completed over the most prospective sections of the property during the upcoming month. Following the completion of this survey the companies are planning a drilling program to test defined targets.

The Ingenika/Swannell property hosts three zinc-lead-silver showings within a ninekilometre by four-kilometre area underlain by the prospective carbonate host formation. The area has little outcrop and previous geological mapping and prospecting have shown widespread evidence of zinc-lead-silver mineralization. A detailed summary of previous exploration results is included in Cross Lake's news in Stockwatch dated March 11, 2004.