

*Grouse Creek***Schroeter, Tom EMPR:EX****883722***TSB → Group!***From:** Golden Cariboo Resources Inc. [info@theresourcegroup.ca]**Sent:** Wednesday, December 07, 2005 10:02 AM**To:** Schroeter, Tom EMPR:EX**Subject:** Cariboo Gold Project Report on Autumn Work Program*SN-DEC-8/05*

GOLDEN CARIBOO RESOURCES LTD.

15th Floor, 675 West Hastings Street, Vancouver, British Columbia, Canada V6B 1N2**Telephone:** (604) 669-6463
Facsimile: (604) 669-3041
Toll Free: 1-800-663-9688
Email: info@theresourcegroup.caTSX Venture Exchange
Trading Symbol: GCC

December 7, 2005

News Release 05-24

Cariboo Gold Project Report on Autumn Work Program

The Board of Directors of Golden Cariboo Resources Ltd. (the Company) wishes to report on the diamond drilling program initiated September 20, 2005, on claims to the SE of historic gold-rush mining towns of Barkerville-Wells, in the Cariboo District of BC. To date, 44 drill holes (in a 47 hole program) have been completed, totaling approximately 20,511 feet (6,252 m). Drilling occurred on eight properties located in the central to southern regions of the large (34 km long) land package of Golden Cariboo Resources Ltd. This included the *G, Grouse, Warspite, Tin, Nugget, Cariboo Hudson, Craze, Wolf, and Bar* properties.

Encouraging mineralization has been intercepted in several holes, characterized by high grade semimassive and massive sulphide lenses or horizons in excess of 10_s of meters thick. Mineralization assemblages commonly contained pyrite with lesser pyrrhotite, with or without galena, sphalerite, chalcopyrite, and/or arsenopyrite.

Additionally, a total of 230 rock (chip and channel), soil, and stream sediment samples were collected from most of the Company_s properties at the Cariboo Gold Project.

Analytical work on the drill core and other samples is being carried out by Eco Tech Laboratory Ltd. of Kamloops, B.C. Pending results, expected early in 2006, will include 28 element ICP and gold fire assays.

The Cariboo Gold Project is under the direction and supervision of Jim Yin, PhD and Jarrod Brown, P. Geo., the qualified person as required by *National Instrument 43-101*. The aggressive program has targets within the historic mine trend and within the stratigraphy of Bonanza Ledge mineralization (an area of the property currently being permitted for production).

On Behalf of the Board of Directors

The Cariboo Gold Project's landholdings now cover 456 square kilometers (170 square miles) covering 57 kilometers (34 miles) in length and over eight kilometers (five miles) in width. In the Barkerville camp, 79 creeks have reported placer gold production. Recorded production from the area was 3.8 million ounces of gold (2.6 million ounces from placer and 1.2 million ounces from lode mining).

Jarrold Brown, P. Geo, has reviewed this news release as the qualified person as required by National Instrument 43-101.

On Behalf of the Board of Directors

J. Frank Callaghan
J. Frank Callaghan
President

This news release contains forward-looking statements regarding the timing and content of upcoming programs. Actual results may differ materially from those currently anticipated in such statements. The TSX Venture Exchange has neither approved nor disapproved of the information contained herein.

Schroeter, Tom EM:EX

TOS → RG
- Pr. Geo.

From: Lane, Bob EM:EX
Sent: Friday, November 02, 2001 9:01 AM
To: Brown, Derek EM:EX; Lefebure, Dave EM:EX; McArthur, Gib EM:EX; Schroeter, Tom EM:EX; Smyth, Ron EM:EX
Subject: FW: Lane Bi-Weekly Report to Nov. 1/01

-----Original Message-----

From: Lane, Bob EM:EX
Sent: Friday, November 02, 2001 9:00 AM
To: Cathro, Mike; Houle, Jacques; Terry, David; Wojdak, Paul
Subject: Lane Bi-Weekly Report to Nov. 1/01

Northeast-Central Region

Property Visits and Exploration Updates

Mount Polley. Visited October 23 with Brian McGrath. Imperial Metals ceased mining operations at its Mount Polley open pit copper-gold mine on October 13. Complete production data for 2001 are not yet available. Reserves in the Cariboo pit were exhausted in October, but reserves remain in the Bell pit. Springer pit has not yet been mined. Current reserve data is not available, but as of April 30, 2001, probable reserves (calculated using a copper price of US\$1/pound and a gold price of US\$300/ounce) totaled 30.2 Mt grading 0.36% Cu and 0.37 g/t Au at a stripping ratio of 1.96:1. During the year the company conducted a very aggressive exploration program that was successful in outlining a new zone called the Springer North Extension. In addition, exploration drilling was completed on the southern margin of the Cariboo pit, on the Southeast zone (discovered in 2000), and in the Bell and Springer pit areas. An 80,000 tonne bulk sample of oxide material from the Springer pit was evaluated for its metallurgy and milling characteristics. There are currently about 25 workers on site; by the end of the month the number of workers will be reduced to about 12.

Cariboo Gold Quartz (Bonanza Ledge and Wells Trend). Visited October 24 with Ken MacDonald and Brian McGrath. International Wayside Gold Mines. To date, 20 diamond drill holes have been completed on the Bonanza Ledge zone and 3 have been drilled on the Wells Trend (a possible extension of Bonanza Ledge zone to the northwest). Hole BC01-11 intersected a zone of 'replacement-style' mineralization in the footwall of the Bonanza Ledge zone that averaged 0.224 o/t Au over 6.7 metres. Holes BC01-12 and -13 intersected the BC vein and 'Bonanza Ledge-style' mineralization extending the known limits of the zone a further 120 metres grid east. On the Wells Trend, a prospective strike vein was intersected and further prospecting located of old surface workings (pits) dug on strike veins.

Mosquito Creek Gold. Island Mountain Gold Mines completed seven diamond drill holes during the year and focused most of its work near the Kutney zone where prospecting identified a promising zone near old workings. Further work, including IP is being contemplated.

Grouse Creek regional program. Golden Cariboo Resources embarked on a regional program centered on Grouse Creek located some 6-8 km along strike to the southeast from the Bonanza Ledge zone. The program consisted mostly of prospecting, mapping and sampling. It was successful in locating stratigraphy and alteration similar to that seen in the vicinity of Bonanza Ledge. No assay results have been made available.

Swannell. Cross Lake Minerals Ltd. completed 3 drill holes totaling 401 metres on their Swannell lead-zinc-silver property located 100 km N-NW of Germansen Ldg. The holes intersected narrow (1-4.5 metre) intervals of sphalerite-galena-pyrite within silicified Cambrian dolostone. Assays ranged from 4.5% to 10.8% combined Pb-Zn with up to 28.2 g/t Ag. The company completed a soil survey over parts of the Swannell and adjoining Pb-Zn-Ag Ingenika property which lies immediately to the north. Several multi-element anomalies were identified. Additional follow-up work is being considered for next field season.

End Lake. Cross Lake Minerals Ltd. also drilled 2 holes totaling 146 metres on their End Lake carbonate-hosted Pb-Zn-Ag property located 48 km N-NW of Germansen Ldg. Drilling took place near two old adits that were driven to access altered Cambrian limestone hosting sphalerite-galena-pyrite mineralization. Low assay results will result in a thorough review of the property before any further work is conducted.