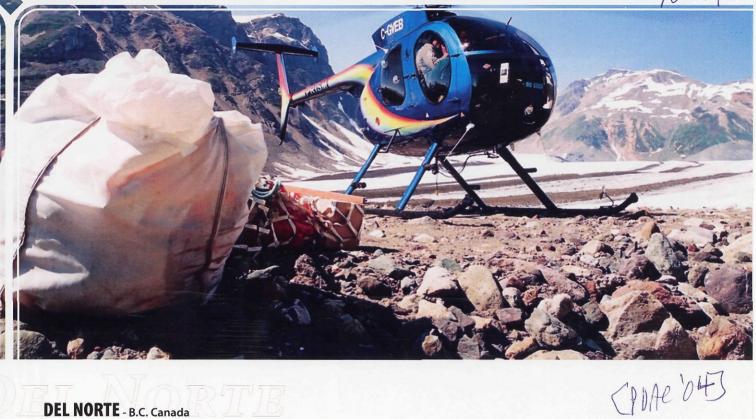
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LATEEGRA RESOURCES CORP.





DEL NORTE - B.C. Canada Summary

The Del Norte property is located approximately 28 km east of picturesque Stewart, British Columbia in the heart of historical mining country. The property covers a 10 km long belt hosting multiple mineralized showings, near or within the contact area of sediments of the Salmon River Formation and adjacent volcanic rocks (the same general environment as Eskay Creek). Three gold-bearing streams, Nelson, Del Norte and Willoughby Creeks, cut across the property. One of these streams supported a placer mining operation in the 1930's. In 2002, prospecting along a zone of glacial meltback disclosed a well-mineralized breccia in argillites just east of the contact, from which a surface chip sample returned 0.179 oz/ton gold and 18.4 oz/ton silver across a 10 metre width. Three further drill holes into the structure returned encouraging values. News of the discovery prompted staking by various parties along a 40 kilometre long belt. The zone, now called the "Kosciuszko Zone", was the focus of a major follow-up program in 2003.

2003 Drill Program Highlights

September 2003 - Diamond Drilling - Lateegra funded core drilling on the property in order to maintain its interest in the option. Falcon Drilling of Prince George, BC, was contracted to conduct this stage of the drill program targeting the Kosciuszko zone, the LG vein, and other targets identified by the ongoing surface program.

September 2003 – Vein Intersected in First Five Holes – Five completed holes intersecting the LG vein at various depths confirmed estimated true widths of all vein intersections to be consistent with widths observed in surface exposures.

October 2003 - First Seven Holes at Del Norte Hit Gold-Silver Mineralization

The first seven holes drilled in 2003 revealed the following encouraging results:

Drill Hole	From (Feet)	To (feet)	Interval (feet)	Silver (oz/ton)	Gold (oz/ton)	Gold Equiv* (oz/ton)
DN03-1	12.2	20.0	7.8	16.48	0.315	0.529
DN03-2	18.4	28.4	10.0	15.90	0.278	0.398
DN03-3	41.5	47.6	6.1	7.06	0.406	0.498
DN03-4	94.1	103.1	9.0	13.01	0.093	0.262
DN03-5	222.4	226.0	3.6	76.41	0.416	1.408
DN03-6	398.6	401.9	3.3	34.33	0.451	0.897
DN03-7	475.7	480.6	4.9	39.26	0.337	0.847



CLONE GOLD - B.C. Canada

Seven, northwest striking, sub-parallel, gold and gold-cobalt bearing shear zones are hosted within a package of volcanic and sedimentary rocks in the Main zone at the east end of the Clone nunatak. Strike lengths vary up to 500 metres. The rock suite hosting the shear zones has been traced for another three kilometres beyond the Main zone; three anomalous gold areas (Anderson, Clone North and Sutton zones) have been discovered by prospecting along this length. To the southeast, in an intrusive rock suite, several other

gold-bearing shears striking at right angles to the Main Zone shears have been located.

Drilling during the 1995-97 field seasons intersected a number of high-grade gold shoots within the Main Zone. A structural study carried out in 1998 helped define controls for the gold mineralization.

Lateegra Resources Corp. intends to spend \$300,000 in 2004 re-evaluating the Main Zone, in conjunction with further exploration of the remainder of the 4,200 acre large property. This program is to include diamond drilling.

Gold values from diamond drill hole #CL-03-2 are as follows:

Hole #	From (Feet)	To (feet)	Interval (feet)	Gold (oz/ton)
CL03-1	40.3	45.3	5.0	0.769
CL03-1	70.5	73.0	2.5	0.494
CL03-2	14.8	42.6	27.8	2.357*
CL03-3	296.8	301.8	5.0	0.159
CL03-4	170.5	175.5	5.0	3.023

* Previously reported

October 2003 - Gold values from diamond drill hole #CL-03-2 are as follows:

From (Feet)	To (feet)	Interval (feet)	Gold (oz/ton)
14.8	19.4	4.6	0.540
19.4	23.6	4.2	1.422
23.6	29.2	5.6	0.601
29.2	31.8	2.6	6.131
31.8	33.5	1.7	3.202
33.5	38.0	4.5	6.950
38.0	42.6	4.6	0.173
14.8	42.6	27.8	2.357



Highlights of the Clone Gold Project

- Large land position approximately 4,200 acres in the Eskay Creek Gold Belt 12km S.W. of Stewart B.C.
- Targets selected based on SRK Consulting structural study of 140 diamond drill holes.
- Two highly mineralized zones to be drilled summer 2004.
- Several operators will be active in 2004 in this exploration camp – aggregate budgets of several million dollars.
- Several high grade gold intercepts including 3.59 oz/ton over 18 feet in a trench and 1.28 oz/ton over32.9 feet in drill hole #110.
- \$3,000,000 spent in 1995-96 exploration program.
- \$300,000 program outlined for 2004 on Clone claims - \$260,000 outlined for diamond drilling.
- Close proximity to the Famous Eskay
 Creek Mine of Barrick Gold that produced
 over 500,000 ounces of gold last year at
 \$40.00 per ounce cash cost. The lowest
 cost Gold producer in North America.





West, in the Stewart Gold Camp of the Skeena Mining Division in Northwestern BC. It lies about 42 kilometres east of the town of Stewart, and straddles Highway 37A.

The Geofine geologists concluded the Highway 37A Zone was an important target, in view of the geological setting, potential size and the proximal highway and power line access, and began detailed follow-up geochemical and geological surveys in 2000. From that work, they were able to confirm the anomalous alteration trend northwards towards the Highway Zone Creek showing and extend it another 500m to the southeast, south of Highway 37A. Twelve float and subcrop samples from this zone assayed from <5 - 270 ppb gold and 18 - 293 ppm copper. Twenty-two soil samples from the area ranged from <5 – 70 ppb gold and 27 – 311 ppm copper

In October 2003 the property was optioned to LaTeegra Resources Corp. \$256,300 is proposed for follow-up exploration on the property. The work program includes additional linecutting, expansion of the magnetometer survey, an IP survey, and continued geochemical and geological surveys; plus provision for a follow-up 600 meter diamond drill program.

TODD CREEK - B.C. Canada

The Todd Creek Property is located 25 kilometers northeast of Stewart, British Columbia, and is host to numerous gold-copper and polymetallic targets. The property consists of 404 units on 24 claims or about 11,100 hectares, and hosts at least eight (8) known deposits/showings containing highly anomalous gold and/or base metals.

Held by Noranda Exploration Company Limited from 1986 to 1990, extensive sampling and drilling produced a "drill-indicated" reserve on the South Zone consisting of 207,000 tonnes grading 5.48 g/t gold (Friesen, 2002). The Eastern Volcanic Belt contains ubiquitous gold-silver and silver-lead-zinc showings over a 10 km strike length on the property.

From 1997 to 2000, extensive prospecting, geochemical and geological surveys, aerial photography and structural analysis of the numerous mineralized zones have been conducted. This information will be used by Lateegra Resources Corp. for precise targeting of future drilling programs.

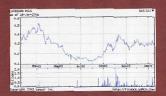
QUICK FACTS:

TRADING SYMBOL: LEG - TSX Venture

TARGET MINERALS: Gold, Silver

ISSUED & OUTSTANDING: 28,607,115

52 Week High 0.55 52 Week Low 0.13



LATEEGRA RESOURCES CORP **Suite 1220** 789 West Pender St.

Vancouver, BC V6C 1H2, Canada

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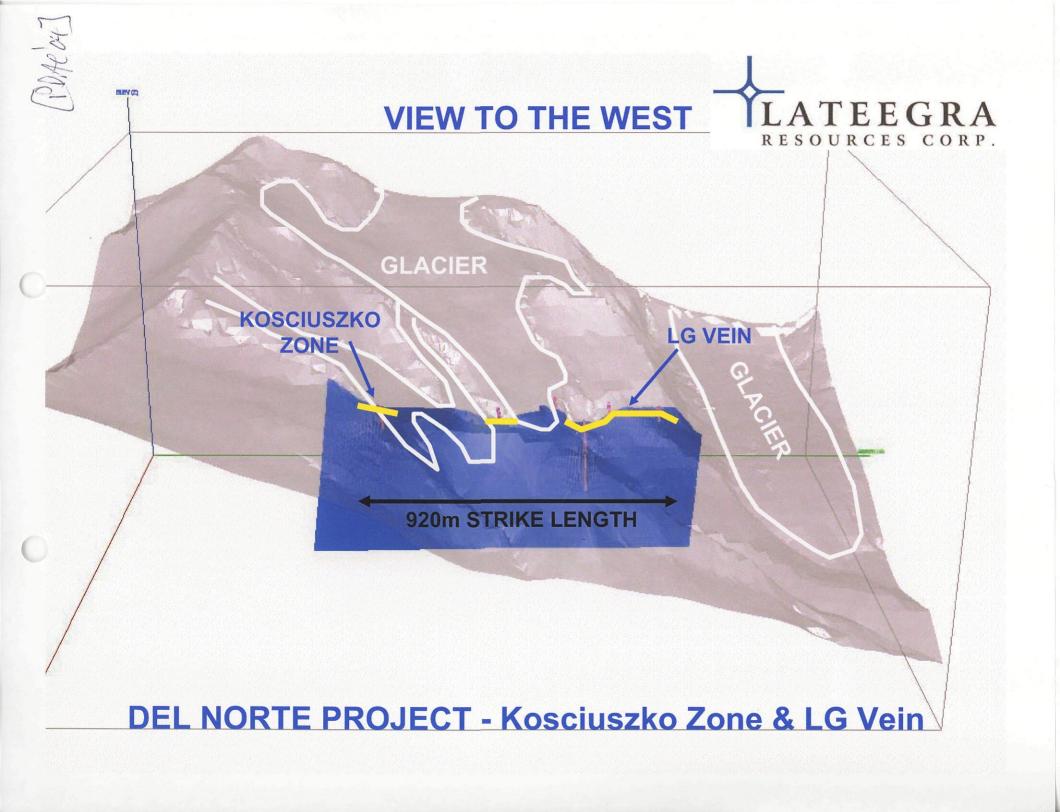
Diamond drillholes DN02-1,-2,-3 all drilled from the same setup intersect 10.5, 5.4, and 7.5 g/t Au, respectively, over ~4 metres true thickness

Diamond drillholes DN03-5,-6,-7 all from the same setup intersect 14.2, 15.5, and 5.4 g/t Au, respectively, over ~0.6 m true thickness

Surface samples of LG Vein average 11.8 g/t Au, 893 g/t Ag over ~1.3 metres true thickness

Diamond drillholes
DN03-1,-2,-3,-4
all from the same setup
intersect 10.8, 7.9, 3.9,
and 3.2 g/t Au,
respectively, over ~1.5 m
true thickness

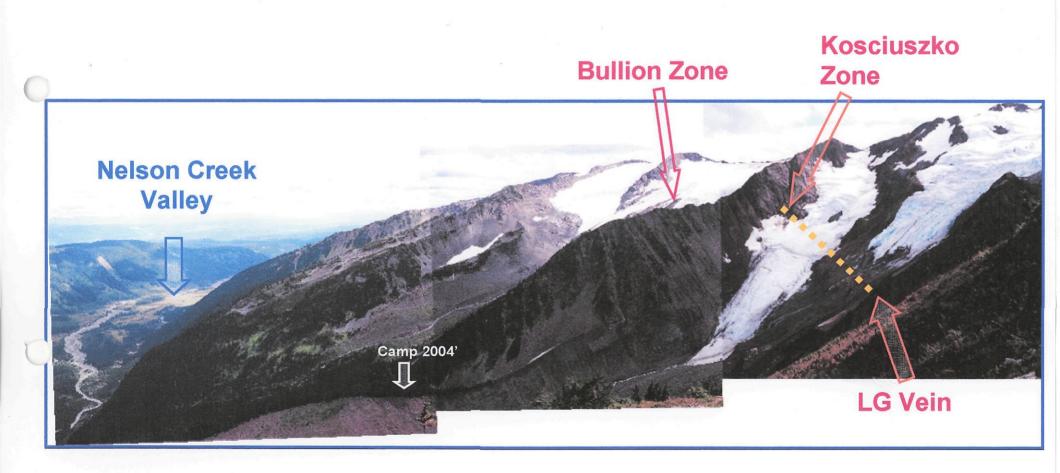
DEL NORTE PROJECT - Kosciuszko Zone & LG Vein

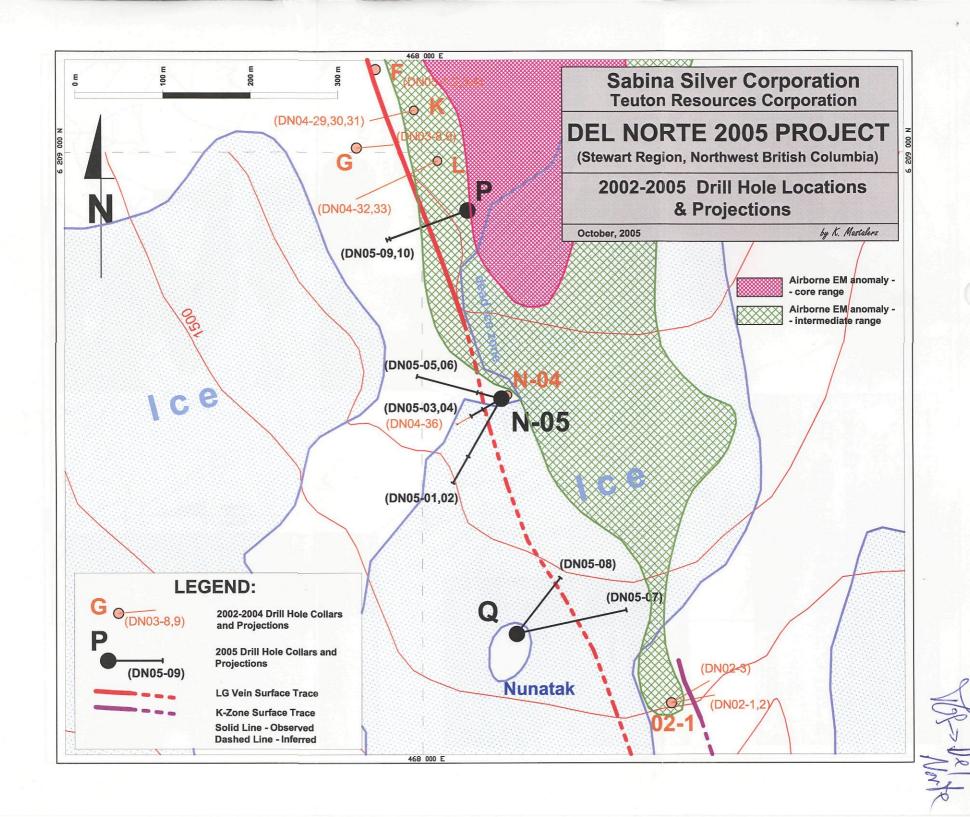


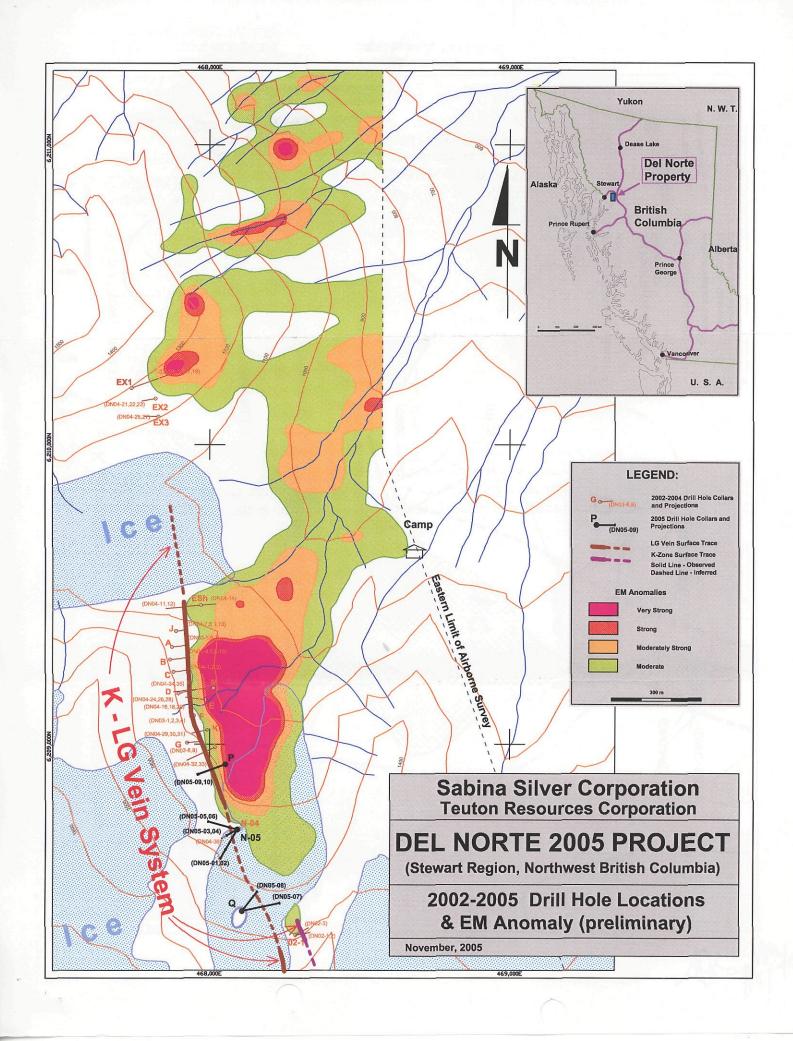


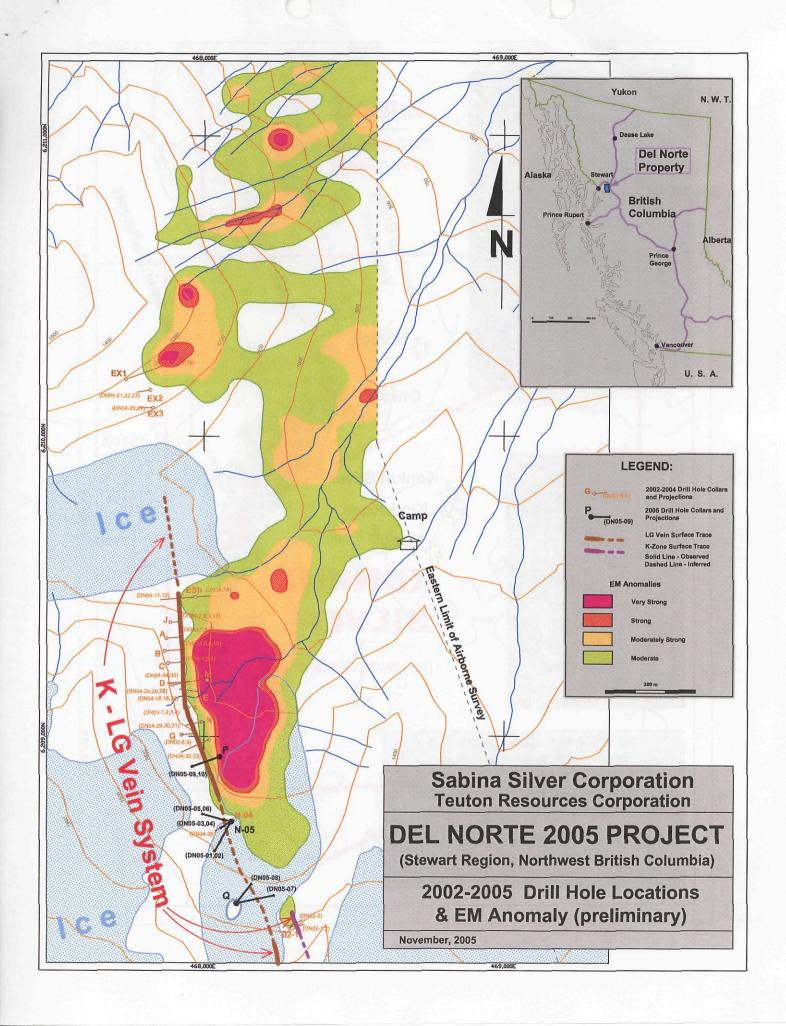
DEL NORVE

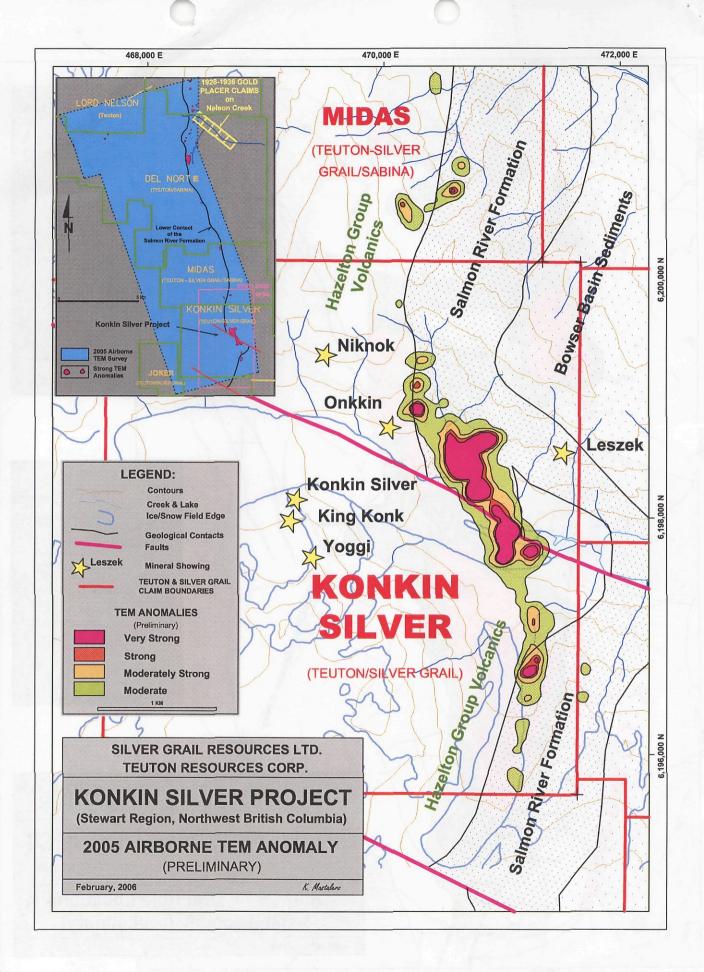
PANORAMIC VIEW LOOKING SSE FROM EXPENSION ZONE



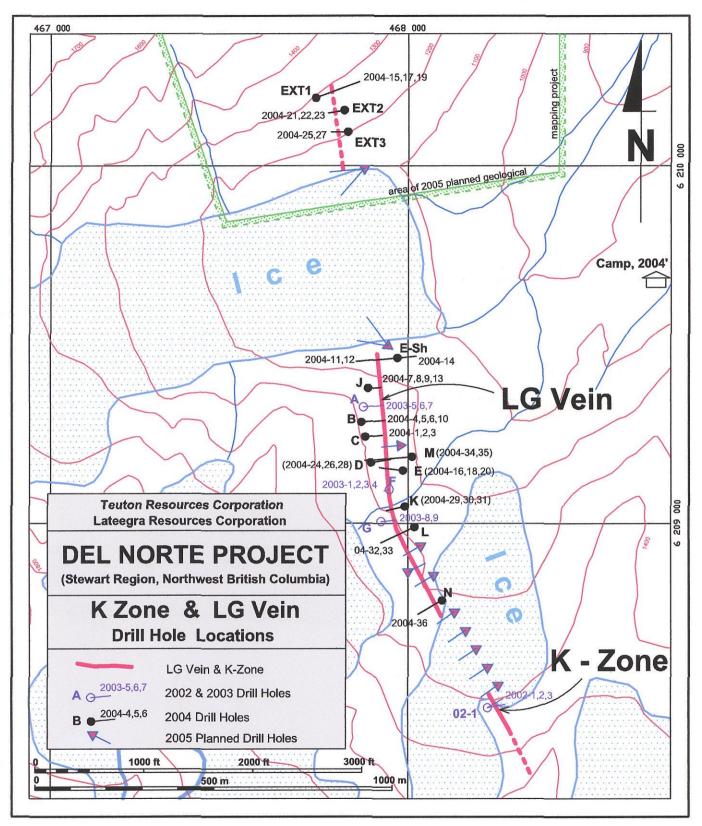






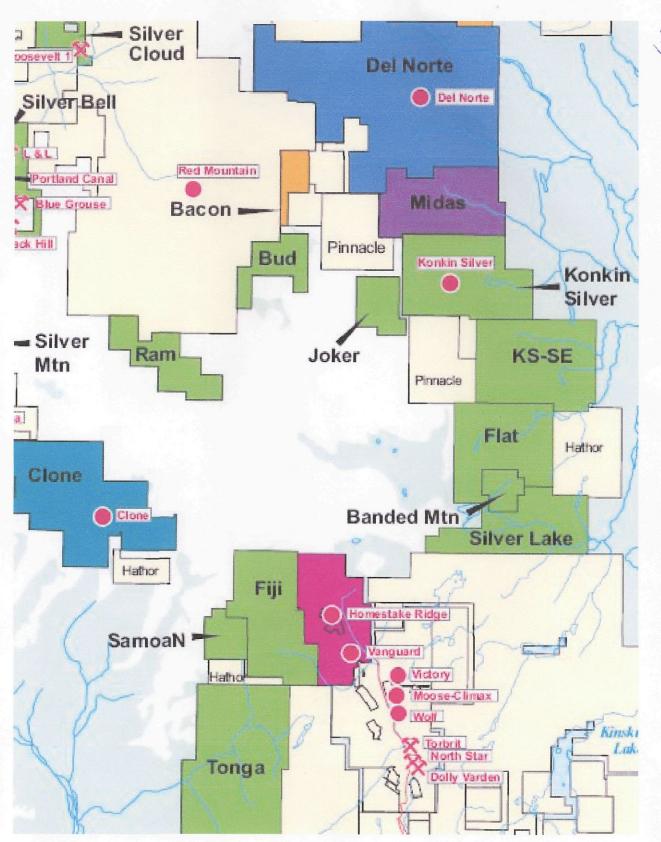


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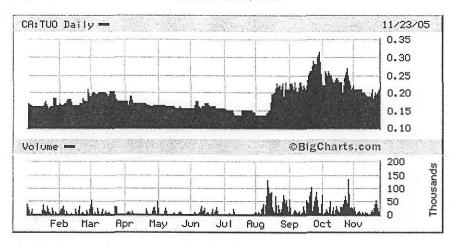


TEUTON RESOURCES CORP.

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NEWS UPDATE November 23, 2005



TEUTON RESOURCES CORP. TSX(V) -- TUO

NOVEMBER 21, 2005 - FINAL DRILL & INITIAL AIRBORNE RESULTS FOR DEL NORTE

- LG vein system widens significantly at depth with bonanza grade gold & silver values.
- LG vein system extended an additional 900 feet.
- LG & K veins now interpreted as parallel structures, considerably enhancing tonnage potential.
- An intense, broad EM conductor has been detected just east and parallel to the LG vein exposure, situated within laminated mudstones. The setting is prospective for exhalative Eskay Creek-style mineralization in the wall of the main vein system.

Exploration and mining lore abounds with stories of near misses and eventual bonanzas. The Eskay Creek mine had been optioned to eleven different companies over a 50 year period prior to its eventual discovery in 1989.

A study of figure 2 of our news release clearly demonstrates the value of applying new technology to traditional exploration methods. The anomaly which lies approx 150 meters east of our vein system could easily have been missed with traditional exploration methods. We now have an extremely enticing drill target which may be the bonanza we have been looking for.

We have for some time now been of the opinion that such a strong vein system as the LG & K zones could not be an isolated event. There had to something else in the area and it appears that there indeed is something else.

Stan Szary

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NEWS RELEASE

FINAL 2005 DRILL RESULTS FROM DEL NORTE

November 21, 2005, Vancouver, B.C. Teuton Resources Corp. ("TUO:TSX-V") is pleased to announce the successful completion of the 2005 combined diamond drilling and airborne geophysical program on the Del Norte property, situated in the Stewart-Eskay Creek Mining District, British Columbia.

Program highlights are as follows:

- The LG vein system widens appreciably at depth in the vicinity of Hole #2500-2 (51 feet grading 0.363 oz/ton gold equivalent) with a core of bonanza grade gold and silver values (2.8 feet grading 110.3 oz/ton silver and 2.08 oz/ton gold).
- The LG vein system has been proved to extend another 900 feet to the south under ice cover.
- The K and LG veins are now interpreted to be parallel structures, considerably enhancing overall tonnage potential.
- An intense, broad EM conductor has been detected just east and parallel to the LG vein exposure, situated within laminated mudstones. The setting is prospective for exhalative Eskay Creek-style mineralization in the wall of the main vein system.

The 2005 program was drilled under Teuton's direction to test the extension of the K-LG vein system beyond the limits of the 2004 drilling. 2005 drill results are summarized in the following chart (see Fig. 1. for plan map of drill hole locations):

Drill Hole #	Dip Angle	From	То	Core Interval	Silver	Gold	Gold Equivalent ¹
	(degrees)	(feet)	(feet)	(feet)	(oz/ton)	(oz/ton)	(oz/ton)
$2005-01^2$	-45				NSR ³		
$2005-02^2$	-60	604.0	655.0	51.0	10.23	0.192	0.363
Includes Includes	t	622.2 626.0	640.0 628.8	17.8 2.8	24.39 110.38	0.379 2.085	0.786 3.925
2005-03	-47	57.0	64.5	7.5	12.23	0.074	0.278
2005-04	-58	211.8	227.0	15.2	6.25	0.126	0.230
2005-05	-60	592.0	606.0	14.0	13.90	0.131	0.362
2005-06	-50	113.0	121.5	8.5	21.43	0.158	0.515
2005-07	-53	552.2	558.0	5.8	3.77	0.187	0.250
2005-08	-67	NSR ³					
2005-09	-45	411.8	413.8	2.0	6.18	0.089	0.192
2005-10	-58	553.3	567.0	13.7	4.15	0.092	0.161

Notes: 1 based on current 60:1 ratio between gold and silver prices 2 previously released holes, Oct. 27, 2005 News Release

³ No Significant Results

A total of 4600 feet in 10 holes was completed at Del Norte during 2005. The program was funded by Sabina Silver Corporation ("SBB:TSX-V") according to terms of a recently signed option agreement with Teuton, whereby Sabina Silver can earn up to a 65% interest by spending \$2.5 million on the property over the next four years and taking the project to a feasibility study (previously reported October 3, 2005).

Data from the 2005 drill program is to be modeled along with data from previous drilling from 2002 to 2004 to assist in generation of targets for the 2006 program. True widths of the 2005 drill intersections are to be determined at this stage.

Airborne Geophysical Survey

An airborne geophysical survey of the Del Norte Project was also recently completed. Initial results show a strong, broad electromagnetic conductor lying just east of the K-LG vein system, with additional conductors to the north along strike (see Fig. 2). The conductors are unexplained at this time but appear to be spatially related to the K-LG vein system. Assays from the upper portions of Hole #2005-10, which grazed the outer fringe of one of the anomalies en route to the LG vein, returned anomalous levels of silver, lead and zinc over wide intervals in laminated mudstones. These results are significant and suggest that further work is required to verify the presence of subparallel exhalative Eskay Creek-style mineralization in the wall of the main vein system.

Additional EM anomalies were detected in the vicinity of the Horatio zone and the Bullion zone, elsewhere on the Del Norte property. Full results from the geophysical survey will be announced when final data has been received.

D. Cremonese, P.Eng. is the Qualified Person for Teuton Resources Corp. in charge of the 2005 program on the Del Norte property. Pioneer Laboratories of Richmond, B.C., an accredited facility, assayed the Del Norte core. Harvey Klatt, P.Geo., Qualified Person for Sabina Silver Corporation, has reviewed the technical data and approved its dissemination in this news release.

ON BEHALF OF THE BOARD

"Dino Cremonese"

D. Cremonese, P.Eng. President

Visit our web site at www.teuton.com

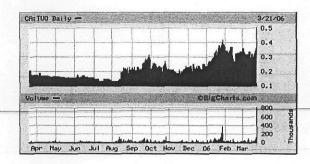
We seek safe harbour

The TSX Venture Exchange does not accept responsibility for the accuracy or the adequacy of this release



NEWS UPDATE

March 21, 2006



TUO - TSX(V)

TEUTON RECOMMENDED BY JOE GRANVILLE

Renowned Wall Street sage, Joe Granville, upon a review of Teuton's trading charts, recommended Teuton as a BUY in his March 20, 2006 Market Commentary.

"TEUTON RESOURCES CORP. (0.31) Very important gold stock. 52-week low was 0.13 on August 11, 2005. The 52-week high was 0.42 on January 20, 2006. Chart very similar to recommended Linux. Near term objective is 0.55 and 12-month objective is 1.00. Place stop loss at 0.19. (TUO.V) BUY."

The Granville Market Letter (www.granvilleletter.com), is owned by the legendary Joe Granville and is in its 42nd year of continuous publication.

NEW CLAIM MAP - OVER 250,000 ACRES ENCOMPASSING 48 PROPERTIES

We have substantially added to our land position in the camp as per the enclosed claim map. Please note that the Treaty Creek property is now considerably larger due to Teuton's reclaiming 100% of this outstanding property from St. Andrew's and our absorption of the 'perimeter claims' surrounding the Treaty Creek property.

2006 EXPLORATION EDGE

Utilizing Aeroquest's Airborne Survey Technology over 3,000 line kilometres were surveyed in 2005 & 2006 on 14 Teuton properties. This data combined with previous field work and receding glaciers has led to multiple new targets for drilling on several properties as discussed below.

Aeroquest's AeroTEM II is a state of the art technology in use since 2000. The system has a highly focused exploration 'footprint' that allows for more accurate detailing in mountainous terrain. This technology has an impressive discovery record and is capable of detecting mineralization to depths of up to 300 meters (1,000 ft.).

Aeroquest has to its credit recent discoveries in Nunavut for Wolfden Resources and in Sudbury, Ontario for FNX Mining. Locally, in 2005, Aeroquest successfully detected copper mineralization 600 meters (1,900 ft.) to the south of the Granduc Mine workings owned by Bell Resources (see Leduc Silver below).

2006 EXPLORATION PREVIEW

Del Norte Optioned to Sabina Silver Corporation (SBB)

During the 2005 field season an Aeroquest survey on the Del Norte property led to the discovery of a major EM anomaly adjacent to a vein system in a setting prospective for exhalative Eskay Creek-style mineralization. Sabina Silver Corporation has advised that the Del Norte is scheduled for a major drilling program in 2006 with the anomaly as a key target (see map attached).

TEUTON RESOURCES CORP.

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TUO-TSX.V

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"BOLDLY GOING WHERE NO GEOLOGIST HAS GONE BEFORE"

- Now entering its 21st year of exploration in the prolific Stewart region of British Columbia, western Canada's top gold district and home to the famous Eskay Creek mine.
- Teuton prospectors have been targeting virgin ground exposed by melting snow and ice due to "global warming".
- Promising discovery on its Oel Norte property in 2002: DDH#2002-3 cuts 76.8 ft. of 0.339 oz/ton gold equivalent (0.223 oz/ton gold and 8.09 oz/ton silver).
- Six other precious metal properties owned in Stewart region. Two, the Treaty Creek and Bonsai properties, currently under option to Heritage Explorations. Heritage has identified Eskay Creek type targets on both properties.
- Major work programs planned on all Stewart properties in 2003, including the high-grade Clone property (DDH#10 returned 1.85 oz/ton gold over 26.2 ft. in 1995).
- Teuton also owns the Roman magnesium property in the Harrison Lake region of southwestern British Columbia. This property is currently under option to Leader Mining International.

Stan Szary joins

CORPORATE INQUIRIES

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Global Securities Corporation

Stan Szary has joined the Tsawwassen Branch of Global Securities Corporation. With over twenty years of experience in public markets as an investment advisor and as a director and senior officer of a number of listed companies, Stan looks forward to providing a superior level of service to his clients and friends.

Global Securities Corporation is a British Columbia-based full service brokerage firm with offices throughout British Columbia and Calgary, Alberta.

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MEMBER C.I.P.F.

Global Securities