

Corporate Overview

La Quinta
Resources Corporation

LA QUINTA RESOURCES CORPORATION

OCTOBER 2005

Exploration Underway

La Quinta Resources Corporation is a newly formed junior resource company focused on the development of two premier exploration projects located in an established gold district in Southeastern British Columbia. Drawing on management proven ability to source, evaluate and capitalize upon uniquely attractive opportunities in the mining industry, the Company is currently actively assessing known mineralized zones on both prospects in preparation for a proposed multi-phase exploration campaign that will include and an aggressive phase I drilling program on identified targets.

Projects

Fort Steele Mining District – Proven gold region

Howell Property - high-grade zones identified

Through a strategic option agreement with Vancouver based Eastfield Resources Ltd., La Quinta holds an option to acquire a 60% interest in the 25.5 square kilometer Howell gold property, located near the town of Fernie in SE British Columbia. The Howell property has been the site of sporadic exploration and development dating back to 1983. Previous exploration has revealed three main areas of interest where high-grade gold values were identified in rock and chip samples. Limited drilling conducted on the property by Placer Dome and others intersected encouraging values of disseminated gold in both sedimentary rocks and intrusives. Upcoming exploration will consist of further detailed surface geophysical work, followed by multi-phase drilling anticipated to commence in early 2006.

Crowsnest Property - Known Discovery Zone

La Quinta holds an option with Eastfield Resources to acquire a 60% interest in the 18.75 square kilometer Crowsnest property located 50 km WNW of Fernie in SE British Columbia. Previous exploration conducted on the property by Phelps-Dodge excavated a discovery trench, where economically attractive mineralization was found. Subsequent drilling by International Curator encountered a number of intersections of anomalous grades of gold. Although the previous program could not establish a good continuity of mineralization between the holes, geologists believe that the results from the previous holes significantly undervalue the potential of the property and the deposit, due mainly to suspect placing of the previous drill collars. As a result of its findings, La Quinta will initiate a comprehensive follow-up exploration program in the area of the Discovery trench to begin delineating the projects overall potential. The proposed upcoming program will consist of detailed trenching, geological mapping and sampling, to determine the size, extent and configuration of the mineralization found in the Discovery trench.



“At present, we are actively exploring a number of high quality, close to drill ready gold targets that present the greatest probability to develop into near term commercial grade ore deposits”

Glen R. Watson, President & CEO

Management & Board of Directors

Glen R. Watson, President & CEO
Dustin Henderson, Director
Malcom J.A. Swallow, Director
William Morton, Director
Heidi J. Clavey, Corporate Secretary

Corporate Head Office

1400-400 Burrard Street
Vancouver, B.C., Canada
V6C 3G2
Tel: 604.643.1722
Fax: 604.643.1760

Lawyer: Tupper, Johnson & Yeadon

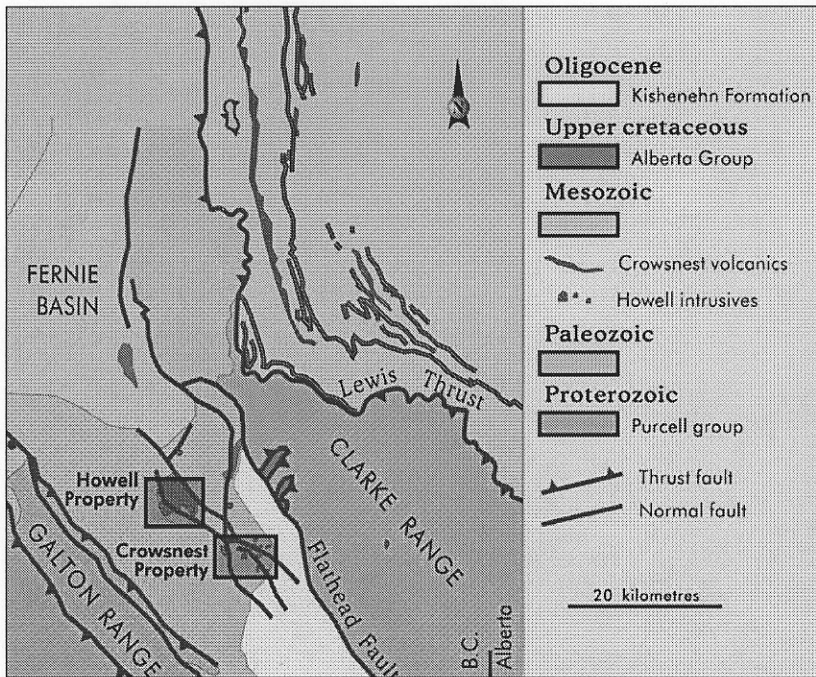
Auditor: Morgan & Co.

Transfer Agent: Pacific Corporate Trust

Contact:

Glen Watson
604.803.5229
www.LaQuintaresources.com
info@laquintaresources.com

La Quinta Regional Geology Map



KEY PROJECT ACQUISITIONS

Crowsnest Project: 60% interest for \$100,000 of cash payments, \$800,000 of property exploration expenditures and 150,000 shares of La Quinta Resources Corporation, payable over 5 years.

Howell Project: 60% interest for \$220,000 of cash payments, \$900,000 of property exploration expenditures and 150,000 shares of La Quinta Resources Corporation, payable over 5 years.

Initial Public Offering Share Structure:

Escrow Shares:	3,620,000
Seed Shares:	1,595,000
Property Shares:	80,000
Shares Issued on IPO:	4,800,000
Total Shares Outstanding:	10,095,000

Upon Listing

Fully Diluted: 16,454,000

