

BETTER RESOURCES LTD. (BRZ)

3431 BOWEN DRIVE  
RICHMOND, B.C.  
PHONE (604) 277-1405

826286

92F  
Mt. Washington

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NEWS RELEASE

Better Resources Ltd. president James F. Bristow, P. Eng, is pleased to announce assay results from a two hole program on the Mt. Washington epithermal gold property near Courtenay, B.C. on Vancouver Island. Both holes were drilled from the same setup on the steep sidehill fifty feet west of the Domineer trenches to confirm the trench assays and to indicate westward continuity of the well-mineralized gently dipping zone.

<u>Hole No.</u>	<u>Angle</u>	<u>Interval (ft)</u>	<u>Length(ft.)</u>	<u>oz/T.Au</u>	<u>oz/T.Ag</u>
83-1	Vertical	23.9 - 28.	4.1	0.175	0.25
		28. - 31.	3.0	0.176	1.09
		31. - 34.	3.0	0.224	1.49
	Average	23.9 - 34.	10.1	0.19	0.87
83-2	-50°S	24. - 29.	5.0	0.136	0.21
		29. - 33.	4.0	0.474	7.68
	Average	24. - 33.	9.0	0.286	3.41

Core recovery in both holes was excellent. Low, but significant gold values occur in the footwall of the zone. In hole 83-2 the 23 ft. from 33 to 56 ft. depth averaged 0.033 oz/T.Au and 0.16 oz/T.Ag.

The Domineer showing was originally pitted and tested by short adit trenches in 1940. Sampling by reliable geologists gave an average grade over 90 ft. strike length of 0.40 oz/T.Au and 6.77 oz/T.Ag over a 3.1 ft average thickness. These trenches were reopened and cleaned with a backhoe. The average of eight recent channel samples over a 125 ft strike length to where it dips beneath overburden to the south was 0.25 oz/T.Au and 2.77 oz/T.Ag over a 4.4 ft average thickness. Highest recent sample was 0.89 oz/T.Au and 3.09 oz/T.Ag over 3.2 ft. Highest 1940 assay was 1.61 oz/T.Au and 13.25 oz/T.Ag over 1.7 ft.

There is strong evidence that this zone extends westward 2,000 ft through the ridge to the 3,000 ft long gold geochem anomaly. The values in the western anomaly range from .1 ppm Au to a high of 6.26 ppm Au.

Backhoe trenches in the middle of this anomaly exposed the gently dipping zone with mineralization similar to the Domineer trenches. Vertical channel samples down limited exposures of the zone in these western trenches assayed:

<u>Trench</u>	<u>Depth</u>	<u>oz/T.Au</u>	<u>oz/T.Ag</u>
T-2	1.0 ft	0.144	1.63
T-4	1.8 ft	0.048	0.26
T-4	2.2 ft	0.33	0.12
T-5	4.0 ft	0.069	0.67
T-5	2.3 ft	0.004	0.06
T-7	6.2 ft	0.208	0.87
T-7	4.6 ft	0.145	0.52

These trenches are over 400 ft of strike length with trench 7 in the vicinity of an old pit that assayed 1.8 oz/T.Au over 3' depth and an old drill hole with poor core recovery only recently assayed for gold that averaged 0.3 oz/T.Au over 10 ft.

The program to date indicates an exciting potential tonnage of good grade gold mineralization with the added advantage that a substantial portion of the west side of the ridge could be amenable to open pitting.

Work commitments have been fulfilled for 1983 and management are planning an accelerated program for the coming season.

On behalf of the Board of Directors of Better Resources Ltd.

  
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DIRECTOR

The Vancouver Stock Exchange has neither approved or disapproved the information contained herein.