

Seven Mile High Resources

824003

PRESS RELEASE SEPTEMBER 8, 1987

Seven Mile High Resources Inc/Inco Gold

Progress report on the Vault Claims near Okanagan Falls B.C.

Assay results have been received from the first two diamond drill holes of the current program designed to follow-up on the previously reported results in holes 72408 (the discovery hole) (Best intersection 0.31 (oz/st) Au over 28 (ft).

Holes 72414 (-63°) and 72415 (-62°) were drilled 345 feet east and 215 feet south respectively of hole 72408. Both holes were drilled from south to north. Gold values are present in quartz veins cutting silicified pyroclastics of the Eocene Lower: Marama Formation.

The longer mineralized intervals are noted below;

| HOLE 72414 | | |
|------------|------------|------------|
| | Width (ft) | Au (Oz/st) |
| | 40 | 0.04 |
| | 8 | 0.09 |
| | HOLE 72414 | 40 |

Including

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Including or Including HOLE 72415

| Intersection (ft) | Width (ft) | Au.(Oz/st) |
|--|-------------------|------------------------------|
| 1171 - 1191 | 20 | 0.05 |
| 1205 - 1278 1243 - 1244 1243 - 1248 1272 - 1278 | 73 1 5 6 | 0.05 1.76 0.46 0.13 |
| 1297 - 1312 | 15 | 0.03 |

Diamond drilling is continuing with the third hole just completed and the fourth and fifth well on their way.

Results will follow as soon as they are available.

The mineralization is of Ore grade and has the potential for very significant tomage.

This Press Release was prepared on behalf of the Board of Directors by the undersigned, who accepts full responsibility for its contents.

The Vancouver Stock Exchange has neither approved nor disapproved the information contained herein.

| On Beahlf of the Board of Directors | Listed; Vancouver Stock Exchange | |
|-------------------------------------|--|--|
| Manutin . Maurice Hamelin | Ticker Symbol SVH Stock Outstanding 2,274,556 | |
| Maurice Hamelin | Stock Outstanding 2,274,556 | |
| President | Escrowed 637,500 | |

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