



American Creek Highlights Seabridge Resource Expansions on Kerr and Sulphurets Zones

TSXV: AMK March 31, 2009

Raymond, Alberta... American Creek Resources Ltd. (TSX-V:AMK) ("American Creek") is pleased to highlight additional resource expansions announced by Seabridge Gold Inc. (TSX:SEA) ("Seabridge") on March 25, 2009, on the Kerr and Sulphurets zones at its KSM project located next to American Creek's Treaty Creek Project in northern British Columbia.

Seabridge reports an increase in their indicated and inferred mineral resources for the Kerr and Sulphurets zones. These zones combined now host an indicated mineral resource of over 3.68 million ounces of gold and 2.5 billion pounds of copper. In the inferred category, resources for these zones combined now total over 3.6 million ounces of gold and 1.2 billion pounds of copper. Measured and indicated mineral resources for Seabridge's Kerr-Sulphurets-Mitchell project now total 34.5 million ounces of gold and 8.5 billion pounds of copper. Inferred resources total 12.1 million ounces of gold and 2.8 billion pounds of copper. All resources expressed at 0.50 g/t gold equivalent cutoff-grade.

In the Preliminary Economic Assessment released January 8, 2009, Seabridge indicated that it proposes to construct a 21.5 km underground tunnel to transport ore by conveyor from the KSM project, which is south of the Treaty Creek Property, to a mill and tailings pond to be constructed north of the Treaty Creek Property. American Creek reports that approximately 13 km of the proposed tunnel would pass through the Treaty Creek Property, intersecting multiple mineralized zones.

The Treaty Creek Property contains numerous showings of gold-silver-base metal mineralization and widespread hydrothermally altered zones. There are at least three main areas of significant exploration potential on the property: a gold-silver epithermal mineralization within the Treaty Gossan (Eureka); a gold-molybdenum porphyry mineralization (Copper Belle); and a gold-silver-zinc-lead-copper VMS system (GR2). A detailed program, to be announced at a later date, is being designed to continue drill testing these zones.

In March, 2007, American Creek Resources entered into a joint venture with Teuton Resources Corp. (TUO: TSX-V) for the controlling interest in the Treaty Creek property. American Creek was granted an option to earn a 51% interest by spending \$5 million on exploration over three years. A further 9% interest (bringing the total interest to 60%) may be earned by funding a positive feasibility study. American Creek is currently ahead of schedule, having spent approximately \$4.15 million on exploration to date.

On March 26, 2009, American Creek announced an offering on a non-brokered private placement basis for gross proceeds of up to \$1,250,000, to be spent primarily on the Treaty Creek Project. Detailed information on this offering is available at www.americancreek.com.

American Creek is also pleased to announce it has received a permit from the Ministry of Energy, Mines and Petroleum Resources to conduct further exploration on the Treaty Creek Property during the 2009 season.

Raul Sanabria, P. Geo., is the Qualified Person for the purposes of National Instrument 43-101 for the Treaty Creek Project and has verified and approved the contents of this news release.

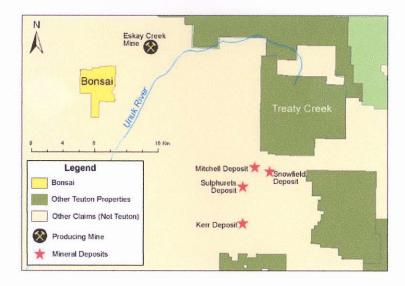
American Creek Resources Ltd. is a Canadian mineral exploration company focused on the acquisition, exploration and development of gold and silver deposits within the Province of British Columbia, Canada.

The Bonsai property adjoins to the west of Barrick Gold's Eskay Creek property, about 6 km from the mine site, itself. Previous exploration on the Bonsai has targeted Eskay Creek type stratigraphy in the west-central portion of the property. In this area, surface sampling and subsequent drilling has returned anomalous gold-arsenic values near a felsic volcanic-mudstone contact.

Teuton is currently seeking an option partner for the property.

Location

The Bonsai property is accessible by road from Highway 37, thereafter west along the Eskay Creek mine road to, and beyond, the mine site. One of the Eskay Creek tailings ponds is situated on the eastern portion of the Bonsai property. The deep sea port of Stewart is situated 80 km to the south-southeast.



History and Property Status

Teuton Resources Corp. staked the original Bonsai claims in 1988 to cover a north-south trending belt of felsic volcanics on the east side of Harrymel Creek. The property was optioned to Cassandra Resources in 1989. Cassandra carried out a limited program of prospecting, geochemical sampling and EM-VLF surveys the same year. Prominent gossans in felsic volcanics east of the toe of Melville Glacier carried pyrite mineralization anomalous in gold and arsenic. Magnetometer and EM-16 anomalies were detected in the same area. Despite these encouraging results, Cassandra relinquished the option in 1991 citing inability to raise venture capital to carry on work. A brief follow-up program in 1992 by Teuton personnel, consisting of prospecting and trenching, confirmed and extended the Cassandra program results.

From 1995 to 1996 the property was under option to Prime Resources Group and Homestake Canada, owners of the Eskay Creek mine. Five short holes were drilled to the test the gold-arsenic anomalous area in 1995, and one deep hole was drilled in 1996

News Release

Teuton Resources Corp.("Teuton") ("TUO":TSX-V;
"TFE"-Frankfurt) reports that it has completed the private placement announced Dec. 29, 2008, whereby 3,500,000 units were sold at \$0.05 per unit. Each unit consisted of one common share and one non-transferable warrant...

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Private Placement

Teuton Resources Corp. (" Teuton ") (" TUO ":TSX-V; "
TFE "-Frankfurt) plans to raise up to \$175,000 by the sale
of 3,500,000 units at \$0.05 per unit. Each of the units will
consist of one common share and one non-transferable
share purchase warrant...

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Drill Results from Clone Property

Teuton Resources Corp. (" Teuton ") (" TUO "—TSX-V;" TFE "—Frankfurt) and Silver Grail Resources Ltd. ("Silver Grail") ("SVG"—TSX-V; "KD7"-Frankurt) are pleased to announce receipt of all results from the 2008 drilling on the Clone property. Holes CL08-1 to 4 targeted the "H-1" (Hematite) zone, Holes CL08-5 to 8 targeted the "S-2A" zone, while Holes CL08-9 and 10 were drilled to test a new copper zone found earlier in the program...

ead more

Clone Core Samples Sent in for Assay

Teuton Resources Corp. (" Teuton ") (" TUO "—TSX-V;"
TFE "—Frankfurt) and Silver Grail Resources Ltd. ("Silver
Grail") ("SVG"--TSX-V; "KD7"-Frankurt) are pleased to
announce that core samples from the first nine of ten
holes drilled into their jointly-owned Clone property,
located 20km southeast of Stewart, BC, have been sent
in for assay. Pioneer Laboratories of Richmond, BC, will
be performing the analyses...

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Private Placement

Teuton Resources Corp. ("Teuton") ("TUO":TSX-V; "TFE"-Frankfurt) is pleased to announce a private placement of up to \$180,000. Teuton plans to raise \$180,000 by the sale of 1,200,000 units at \$0.15 per unit...

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AMERICAN CREEK REPORTS POSITIVE DEVELOPMENTS – SEABRIDGE PROPOSES TUNNEL THROUGH TREATY CREEK GOLD PROJECT

TSXV: AMK February 19, 2009

Raymond, Alberta... American Creek Resources Ltd. (the "Corporation") today reported that the Preliminary Economic Assessment (the "Report") released January 8, 2009 by Seabridge Gold Inc. ("Seabridge") (TSX: SEA) indicates that Seabridge proposes to construct a 21.5 km underground tunnel to transport ore by conveyor from its KSM deposit to a mill and tailings pond to be constructed northeast of American Creek's Treaty Creek Project located in northern British Columbia. American Creek reports that approximately 13 km of the proposed tunnel extends through the heart of its property, intersecting multiple mineralized zones.

Seabridge has recently initiated informal discussions regarding access. The Corporation confirms that Seabridge currently has no legal interest in the Treaty Creek claims and that American Creek has not granted Seabridge access to tunnel through the claims. The Corporation further confirms that access would be granted only on terms maximizing value to American Creek's shareholders including compensation for the full value of the mineral deposits located within the proposed tunnel route.

The Treaty Creek Project is located directly north of and adjacent to the KSM project held by Seabridge and appears to form part of the same highly mineralized trend line. The KSM deposits contain a resource of over 34 million ounces gold and over 8 billion pounds copper making it one of the largest undeveloped gold/copper deposits in the world.

American Creek has completed 5,470 meters of drilling on the Treaty Creek Project. Exploration to date has focused on two main zones: the Copper Belle and the GR2. These promising new discoveries are both located within the proposed tunnel area.

Copper Belle Zone

The Copper Belle zone is characterized by a gold-molybdenum porphyry style of mineralization. Grab and chip sample highlights include 11.3 g/t gold with 60.0 g/t silver; 4.8 g/t gold with 1,670 g/t silver and 2.75% copper; 3.2 g/t gold with 257.0 g/t silver along with 3.07% copper; and 2.3 g/t gold with 629.0 g/t silver and 4.1% copper.

Drill intersection highlights include a 76.07 meter intersection of 0.93 g/t gold along with 8.78 g/t silver; a 46.23 meter intersection of 0.83 g/t gold along with 6.39 g/t silver; a 17.00 meter interval of 4.33 g/t gold with 2.00 g/t silver, a 65.00 meter interval of 0.81 g/t gold with 3.80 g/t silver, and a 30.18 meter interval with 1.32 g/t gold and 5.93 g/t silver. Additional significant intervals are as follows:

COPPER BELLE DRILL HIGHLIGHTS

HOLE	From (m)	To (m)	interval (m)	Au (g/t)	Ag (g/t)	
TC07-07	2.44	48.76	46.23 0.83		6.39	
TC07-07	65	81	16	0.66	0.23	
TC07-09	2.44	80	77.56	0.79	2.8	
including	2.44	41	38.56	1.17	4.4	
TC07-11	2.43	73	70.57	0.76	4.91	
including	2.43	18.5	16.07	1.61	13.34	
TC07-11	113	130	17 4.33		2	
including	113	115	2	22.6	5.8	
TC07-11	213	220.5	7.5	1.12	36.35	
TC07-13	4	43	39	0.72	3.26	
TC07-15	2.43	72.5	70.07	0.66	6.31	
including	9.5	18	8.5	1.58	27.43	
and	60	64.2	4.2	1.61	25.58	
TC07-17	1.82	32	30.18	1.32	5.93	
including	8	14	6	2.91	19.7	
TC07-17	52	71	19	1.24	15.14	
including	64.5	71	6.5	2.93	42.52	
TC07-19	2.43	78.5	76.07	0.03	8.78	
including	10	14	4	1.49	49.35	
and	60	68	8	3.23	45.48	
TC07-21	2.43	43.5	41.07	1.11	5.88	
including	2.43	24	21.57	1.87	9.8	
TC07-21	127	171	44	0.82	1.5	
including	147	151	4	1.5	3.1	
TC07-21	191	233	42	0.49	1.3	
TC07-21	295	309	14	0.5	9.8	
TC07-21	363	379	16	0.51	1.8	
TC07-21	467	469	2	4.65	8	
TC07-23	5	70	65	0.81	3.8	
including	25	46	21	1.21	8.39	
and	30	34	4	1.64	27.89	
TC07-23	140	212.75	72.75	0.72	20.83	
including	140	153	13	1.73	103.51	
TC07-23	233	267	34	0.49	7.88	
including	233	235	2	3.8	123	
TC07-30	3.04	48.5	45.46	0.81	18.7	
including	23	24.75	1.75	1.29	70.17	
including	46.5	48.5	2	2.75	104.3	

GR2 Zone

The GR2 zone has a Volcanogenic Massive Sulphide (VMS) style of mineralization, with similar characteristics to the Eskay Creek deposit located 30 kilometers to the northwest.

Drill intersection highlights include 6.80 meters of 1.40 g/t gold with 93.95 g/t silver, 0.27% copper, 4.41% lead and 2.59% zinc as well as a 1.27 meter interval of 0.63 g/t gold with 340.0 g/t silver, 0.10% copper, 4.61% lead and 4.26% zinc. Additional significant intercepts are presented below:

GR2 DRILL HIGHLIGHTS

HOLE	From (m)	To (m)	interval (m)	Au (g/t)	Ag (g/t)	Cu %	Zn %	Pb %	As ppm	Sb ppm
TC0724	208.7	215.5	6.8	1.394	93.957	0.271	2.593	4.417		
including	211.7	213.5	1.8	4.04	204	0.5715	5.08	9.66	1140	285
TC0726	51.5	56	4.5	0.873	201.8					
TC0726	178	178.5	0.5	2.03	170	0.04	4.2	5.9	1545	330
TC0726	184	200	16	0.955						
TC0714	32	34	2	1.61	5.3	0.0144	0.0112	0.0028	4870	120
TC0714	34	34.5	0.5	3.08	122	0.3809	1.41	0.5758	9740	1605
TC0714	47.5	48.5	1	0.22	664	0.2963	0.5463	4.13	920	1695
TC0714	107.5	108	0.5	0.29	180	0.0598	1.66	6.82	1135	490
TC0714	158	158.6	0.6	0.17	94.5	1.006	2.9	2.92	265	1650
TC0712	33	33.5	0.5	2.54	87.2	0.2709	0.8445	0.5626	4520	620
TC0712	172.38	173.65	1.27	0.63	340	0.1002	4.26	4.61	825	665
TC0712	174.45	179	4.55	3.899						
including	174.45	176	1.55	9.6	2.4	0.0111	0.0051	0.0048	6805	110
and	176	178	2	0.97	0.3	0.0103	0.008	0.0026	645	30
TC0718	34.58	35.08	0.5	0.17	44.1	0.0269	3.63	1.61	670	145
TC0718	56.15	56.65	0.5	1.59	60	0.0118	0.0599	4.43	2880	175
TC0718	84	85	1	3.01	16.5	0.1918	0.1002	0.119	2545	110
TC0718	105.3	106	0.7	4.55	34.2	0.0967	0.3544	0.1218	4385	380
TC0720	117	118	1	3.41	3.8	0.0247	0.0225	0.0296	7290	260
TC0716	177	189	12	1.37						
TC0727	172	177	5	1.68	30.98					
TC0727	179	183	4	1.95	4.2					

In March, 2007, American Creek Resources entered into an option agreement with Teuton Resources Corp. (TSX-V: TUO) for the controlling interest in the Treaty Creek property. American Creek was granted the right to earn a 51% interest by spending \$5 million on exploration over a period of three years. The Corporation is currently ahead of schedule, having spent approximately \$4.15 million to date. The remaining \$850,000 in exploration expenditures must be completed by March of 2010. In addition, a further 9% interest (bringing the total interest to 60%) may be earned by funding a positive feasibility study. American Creek is the operator of the project. The Corporation will complete the 51% earn-in by conducting a \$1,000,000 drill program this summer.

Allan Burton, President and CEO stated: "The Treaty Creek property has the potential to host a world-class deposit on its own. We're also sitting next to a \$50 billion resource and all indications are that the ore must be transported through our property. The incredible expansion of the mineral deposits in the KSM combined with American Creek's right to grant access should have a significant, positive impact on the valuation of our company."

Given the geological potential of the Treaty Creek Project and Seabridge's requirement for access through the property, the Corporation believes that its shares are currently undervalued.

Raul Sanabria, P. Geo., is the Qualified Person for the purposes of National Instrument 43-101 for the Treaty Creek Project and has verified and approved the contents of this news release.

American Creek Resources Ltd. is a Canadian junior mineral exploration company focused on the acquisition, exploration and development of mineral deposits within the Province of British Columbia, Canada.

For further information please contact Kelvin Burton. Phone: 403 752-4040, Fax: 403 752-4020, or Email: kburton@americancreek.com Information relating to the Corporation and the Treaty Creek Project is available on it's website at www.americancreek.com

Certain information contained in this news release constitutes forward-looking statements regarding the Corporation's mineral properties. Forward looking statements are frequently characterized by words such as "plan", "expect", "project", "intend", "believe", "anticipate" or statements that certain events or conditions "may" or "will" occur. Forward-looking statements are based on the reasonable opinions and estimates of management of American Creek and are subject to a variety of risks, uncertainties and other factors that could cause actual events or results to differ materially from those projected in the forward-looking statements. These factors include: the inherent risks involved in the exploration and development of mineral properties, uncertainties involved in the interpretation of drill results and other geological data, fluctuating commodity prices, unforeseen permitting requirements, changes in environmental laws or regulations, the possibility of project cost overruns or unanticipated costs and expenses, weather conditions, the availability of contractors for equipment and services, the availability of future financing and general business and economic conditions. Such statements are also based on a number of assumptions which may prove to be incorrect, including assumptions about general business and economic conditions being accurate, the timing and receipt of regulatory approvals for projects and operations, the availability of financing, the ability to secure equipment and labour, and American Creek's ongoing relationship with third parties. The foregoing factors, risks and assumptions are not exhaustive. Events or circumstances could cause actual events or results to differ materially from those estimated or projected and expressed in, or implied by, these forward-looking statements. Accordingly, readers should not place undue reliance on forward-looking statements. These forward-looking statements are as of the date they are made and American Creek disclaims any obligation to update any forwa

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TREATY CREEK PROJECT

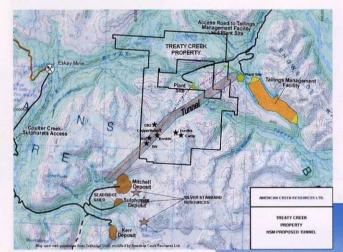
Treaty Creek is neighboring one of the largest undeveloped gold/copper deposits in the world

The Treaty Creek property is not only adjacent to the KSM, but appears to form part of the same highly mineralized trend line. The southern portion of the trend line, held by Seabridge Gold and Silver Standard Resources, hosts a string of deposits including the Kerr, Sulphurets, Mitchell, Bruceside, Snowfield, and Snowfield North.

Seabridge Gold's KSM Deposits

- A Over 34 million ounces gold resource
- A Over 8 billion pounds copper resource
- A Contains molybdenum and silver
- A Mine life approximately 30 years
- A Resources expected to increase with further exploration
- A Construction projected to commence as early as mid 2011
- A Concentrate production is planned for mid 2015
- A Capital costs for development estimated at \$3.4 billion USD
- A Treaty Creek appears to be an extension of the KSM mineralized band and hosts the potential for similar deposits.
- A The Treaty Creek property is in a strategic location as it's included in the Preliminary Economic Assessment plan to take the Mitchell deposit into production. A proposed tunnel would take the ore through Treaty Creek to the processing plant and tailings pond.

Proposed tunnel to run through mineralized sections of Treaty Creek – the Copper Belle and GR2 zones



Silver Standard's Deposits

Inferred / Indicated / Measured Resource for Bruceside, Snowfield and Snowfield North deposits

- 19 million oz gold
- A 1.9 billion lbs copper
- ∆ 63.7 million oz silver
- A 116 million lbs molybdenum
- A Expected to increase

Treaty Creek has similar:

- A Geological setting
- Alteration patterns
- A Type of mineralization
- A Grades of gold on surface
- A Grades of gold in core



AMERICAN CREEK RESOURCES LTD.

"High-potential projects in key mineral regions of British Columbia."

Treaty Creek

•On trend with over 53 million ounces of gold

Electrum

- Located in a prolific belt of past producing mines
- •Drill results include 440 g/t Au & 400 g/t Ag over 0.52 meters
- •Excellent logistics road, port, power
- •Samples as high as 615 g/t Au & 80,818 g/t Ag

Ironmist

- •Located in southern Quesnel Trough
- •Several promising iron ore targets
- •Magnetite assay samples as high as 61.7% Fe
- •Excellent logistics road, rail, power









"We've assembled a distinguished team of industry leaders, one that brings remarkable experience and expertise to our company."

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Allan Burton
Darren Blaney
Robert Edwards
Raul Sanabria
Kirk Harline

Chris Mitchell
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Treaty Creek - The Right Geology



BACK TO TREATY HOME

Setting | Mineralization | Exploration

Setting

Geological Setting

The Treaty Creek property is located about 70km north of Stewart, British Columbia, in what is called the Golden Triangle. This area encompasses widespread hydrothermal alteration interpreted to have formed within geological environments ranging from porphyry setting to an epithermal setting, and a particular high-sulphidation volcanogenic massive sulphide deposit (Eskay Creek). There are at least three areas of significant gold-silver, gold-molybdenum and gold-silver-copper-zinc-lead mineralization. Significant mineralization described are: the gold-silver-base metal Eureka-ND zones in the main Treaty Gossan, the Copper Belle gold-molybdenum disseminated porphyry style mineralization and the GR2 gold-silver-copper-zinc-lead vein system (VMS).

Rock units in the Treaty Creek area include the upper part of the Upper Triassic Stuhini Group, the complete Lower Jurassic Hazelton Group and the lower part of the Bowser Lake Group. The entire stratigraphic succession youngs



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eastward, and is structurally located in the east limb of the McTagg anticline, whereas the Eskay Creek mine is located in the western limb of the McTagg anticline in the same geological setting.

Mineralization

Upper Triassic and Lower Jurassic rocks in the Treaty Creek property and surrounding areas are the host rocks of important mineral deposits (e.g., Kerr, Sulphurets, Mitchel (KSM), Snowfield, Bruceside), ranging from an epithermal setting to a porphyry setting, some of them exceptionally large and rich, and also hosting the potential for gold-rich VMS mineralization (e.g. Eskay Creek deposit).

There is a highly visible trend, marked by the surface alteration (oxidation) of exposed sulphide-rich mineralized rocks that produce what is called "gossans" in geologic terms. These gossans appear as orange-brownish zones that contrast with the surrounding rocks and are evidence of the development of large hydrothermal mineralizing systems. This trend of gossans and mineralized zones runs approximately 9 km through the Kerr, Sulphurets, Mitchel, Snowfield deposits and through the Treaty Creek property, where the same style of gold-silver-molybdenum mineralization has been found.

Within the Treaty Creek property, several different zones have exposed mineralization and associated surface alteration.



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Mineralization Includes:

Treaty Gossan-Eureka-ND zones

The main Treaty Gossan (Eureka and ND zones are located in the margin of this zone) and covers an area of approximately



one square kilometer. The gossan is coincident with a high airborne EM anomaly. Historic rock, soil and silt sampling reveals a gold-silver anomaly coincident with the EM anomaly and the limits of the alteration zone. High grade gold and silver zones over narrow intervals and low-grade gold over long intersections have been reported from historic and recent drilling. Mineralization in the Treaty gossans appears to be a transition between a gold-copper porphyry mineralization and an overprinted structurally controlled high grade gold-silver epithermal mineralization.

Copper Belle

The Copper Belle zone is related to an airborne EM high anomaly surrounded by airborne magnetic high anomalous zones towards the southwest. Surface soil and rock sample and historic drilling over a highly altered surface area, proved low grade gold mineralization over long intervals in what was called the Goat Trail zone. Glacier retreat exposed new mineralized zones in the Copper Belle zone, in continuity with the historic Goat Trail and Konkin zones over 0.5 km and drilling proved extension of the mineralized system to the south and to the northwest, and is still open in both directions.

Gold mineralization in the Copper Belle zone is associated to a strong potassic alteration of the Lower Jurassic rocks of the Hazelton Group, mainly andesitic breccias, flows and tuffs with minor interstratified feldspathic sandstones, showing conspicuous veining and stockworks. A later sericite-carbonate-quartz-pyrite alteration overprints the potassic altered zone and surface alteration produces a characteristic oxidation of the exposed rocks.

Molybdenum-gold rich zones have been



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found in drill-core associated to a potassic alteration of a monzonitic intrusion. Stockwork and disseminated gold-molybdenum porphyry is the style of mineralization in the area.

GR₂

The GR2 zone comprises a series of structurally controlled veins showing polymetallic Au-Ag-Cu-Zn-Pb-Sb-As-Mn mineralization. Host rock is a varied sequence of sedimentary and volcanic rocks that encompasses the Upper part of the Stuhini Group and the lower part of the Hazelton Group. Oldest rocks consist of fossiliferous turbiditic mudstones, siltstones and interstratified sandstones. The upper part of the turbiditic sequence contains several stratified intermediate volcanic massive and breccia rocks. The upper part of the sequence is dominated by andesitic volcanic fragmental rocks.

Alteration of the host rock is mainly produced in the andesitic fragmental rocks, where clasts are replaced by massive sulphides (pyrite). The sedimentary rocks show replacements by pyrite and sulphides cementing sandstone layers. The main mineralized veins crosscut the stratigraphic sequence, following parallel north-northeast structures. They show atoll and breccia textures indicating several pulses of brecciation and sulphide mineralization. The host rock surrounding the veins shows intense phyllic alteration and pyrite replacements. There is also enrichment in gold (approx. 9 g/t) in late faults that crosscut the mineralized sequence in the footwall zone. The style of mineralization matches with medium to distal facies of a Massive Volcanogenic Sulphide (VMS) deposit.

Exploration

Historical work on the property beginning in 1984 includes geological mapping, sampling of soil and rock, and approximately 2,400 metres of drilling.

Drill Season 1994 - Teuton Resources/Prime Resources Group

0.757 g/t Au over 74.7 m from surface

Drill Season 1997 - Teuton Resources/Homestake Canada

0.46 g/t Au over 169.2 m from surface 0.67 g/t Au over 72.3 meters from surface

Drill season 2007 – American Creek Resources/Teuton Resources

Diamond Drilling totaling 5,470 metres

Highlights include:

Copper Belle Zone

0.93 g/t gold, 8.78 g/t silver over 76.07 m 0.83 g/t gold, 6.39 g/t silver over 46 m 0.60 g/t gold over 262.74 m

Eureka Zone

0.69 g/t gold, 2.89 g/t silver over 75 m 0.33 g/t gold, 2,094 g/t silver over 8.5 m

GR2 Zone

0.70 g/t gold, 25.83 g/t silver over 34 m 2.84 g/t gold, 66.26 g/t silver over 6 m

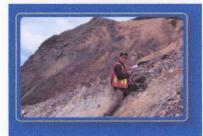
ND Zone

No significant results were obtained.

Visit each zone on the Treaty Creek home page for full drilling results.



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Drilling Contract

American Creek Resources has signed a three year drilling contract with More Core Diamond Drilling located in British Columbia. More Core brings a vast amount of experience and knowledge to the partnership as the president has drilled more than 1,000,000 feet of core on the nearby Eskay Creek and Silbak Premier mines. As part of the arrangement, More Core has purchased American Creek's drills to be used exclusively on American Creek's projects during the exploration season.



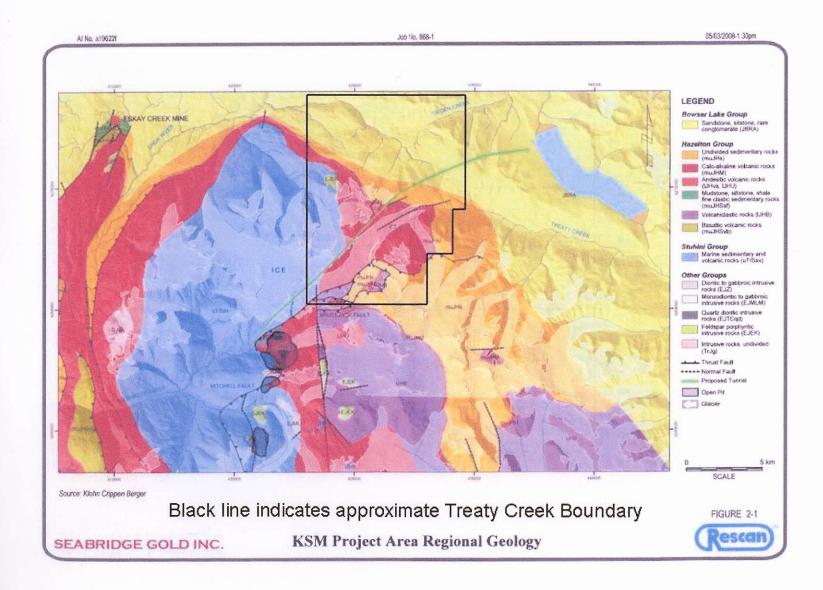
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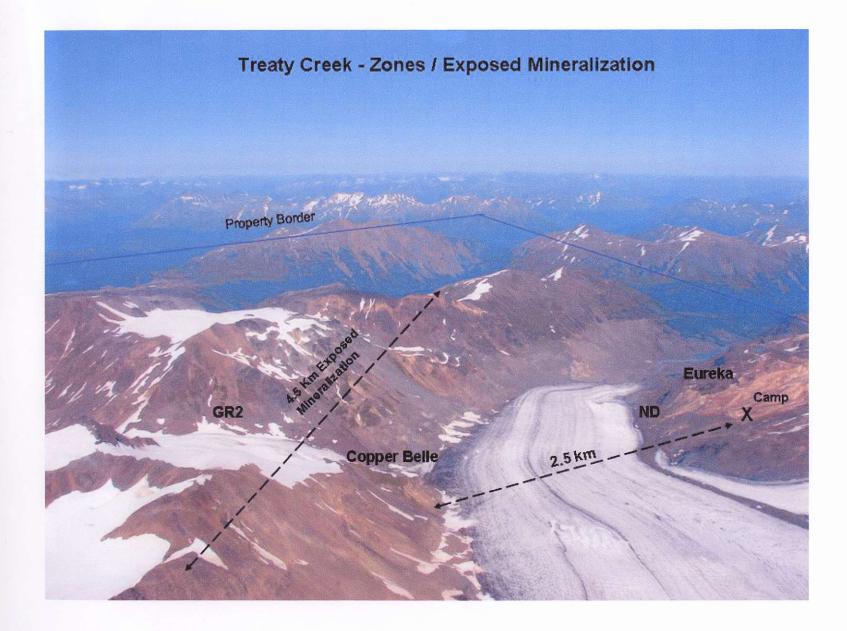
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Subject: Mar 16, Latest news from American Creek.....

From: "Kelvin Burton" < KBurton@americancreek.com>

Date: Mon, 16 Mar 2009 07:25:23 -0600

To: undisclosed-recipients:;

AMERICAN CREEK HIGHLIGHTS SEABRIDGE AND SILVER STANDARD GOLD-COPPER RESOURCE EXPANSION

To read the news release, click on the attached file.

To see an updated presentation on recent new releases <u>Click Here</u> (7 minutes) To Start: click the forward button, then the back button (on the bottom right)

To get more information on the Treaty Creek property Click Here (2 minutes)



Kelvin Burton

kburton@americancreek.com

53A Broadway North, Box 798
Raymond, Alberta, Canada T0K 2S0

Tel: (403) 752-4040 Fax: (403) 752-4020

www.americancreek.com

AMERICAN CREEK HIGHLIGHTS SEABRIDGE AND SILVER STANDARD GOLD-COPPER RESOURCE EXPANSION

March 16, 2009

TSX-V: AMK

Raymond, Alberta... American Creek Resources Ltd. (TSX-V:AMK) ("American Creek") is pleased to highlight substantial resource expansions announced by Seabridge Gold Inc. (TSX:SEA) ("Seabridge") on March 11, 2009, and by Silver Standard Resources (TSX:SSO) ("Silver Standard") on February 3, 2009, on their respective deposits located next to American Creek's Treaty Creek Project in northern British Columbia.

American Creek's Treaty Creek Project is located directly north of and adjacent to Seabridge's Kerr/Sulphurets/Mitchell project and appears to form part of the same highly mineralized trend line. Seabridge reports that the Mitchell deposit now hosts a resource of over 39 million ounces of gold and 8 billion pounds of copper. Seabridge expects to release an updated resource estimate on the Kerr and Sulphurets deposits shortly, along with an updated 43-101 Technical Report.

Silver Standard recently announced a significant resource increase in the Snowfield deposit located 2.5 kilometers south of the Treaty Creek property and adjacent to the Mitchell deposit. The Snowfield/Sulphurets project now totals 19.1 million ounces of gold, 1.96 billion pounds of copper and over 63 million ounces of silver.

The combined projects in this area now host a collective resource of approximately 62 million ounces of gold, 12.5 billion pounds of copper, 127 million opnces of silver, and 148 million pounds of molybdenum, making it one of the largest undeveloped gold-copper projects in the world. Infrastructure for these projects is favorable, with Highway 37 approximately 20 kilometers away and a shipping port at Stewart, BC. Recently, the Province of British Columbia announced plans to begin the environmental assessment process and First Nations consultation for the Northwest Transmission Line along Highway 37. The Province will invest the estimated \$10 million to immediately start the environmental assessment process -- the first step toward building the transmission line. The new 287-kilovolt line would provide the Treaty Creek, KSM and Snowfield projects with access to the BC Hydro electric grid.

In March, 2007, American Creek Resources entered into an option agreement with Teuton Resources Corp. (TSX-V: TUO) for the controlling interest in the Treaty Creek property. American Creek has completed two years of exploration, including 5,470 meters of drilling. Exploration results can be viewed at www.americancreek.com.

American Creek believes that the positive results of its exploration on the Treaty Creek Project, together with the significant resource expansion at the KSM and Snowfield projects and the likely development of a major transmission line, signal a major step forward for the company and its shareholders.

Raul Sanabria, P. Geo., is the Qualified Person for the purposes of National Instrument 43-101 for the Treaty Creek Project and has verified and approved the contents of this news release.

American Creek Resources Ltd. is a Canadian mineral exploration company focused on the acquisition, exploration and development of gold and silver deposits within the Province of British Columbia, Canada.

For further information call (403) 752-4040 or email: info@americancreek.com. Information relating to the Corporation is available on its website at

www.americancreek.com.

Certain information contained in this news release constitutes forward-looking statements regarding the Corporation's mineral properties. Forward looking statements are frequently characterized by words such as "plan", "expect", "project", "intend", "believe", "anticipate" or statements that certain events or conditions "may" or "will" occur. Forward-looking statements are based on the reasonable opinions and estimates of management of American Creek and are subject to a variety of risks, uncertainties and other factors that gould cause actual events or results to differ materially

from those projected in the forward-looking statements. These factors include: the inherent risks involved in the exploration and development of mineral properties, uncertainties involved in the interpretation of drill results and other geological data, fluctuating commodity prices, unforeseen permitting requirements, changes in environmental laws or regulations, the possibility of project cost overruns or unanticipated costs and expenses, weather conditions. the availability of contractors for equipment and services, the availability of future financing and general business and economic Such statements are also based on a number of conditions. assumptions which may prove to be incorrect, including assumptions about general business and economic conditions being accurate, the timing and receipt of regulatory approvats for projects and operations. the availability of financing, the ability to secure equipment and labour, and American Creek's ongoing relationship with third parties. The foregoing factors, risks and assumptions are not exhaustive. Events or circumstances could cause actual events or results to differ materially from those estimated or projected and expressed in, or implied by, these forward-looking statements. Accordingly, readers should not place undue reliance on forward-looking statements. These forward-looking statements are as of the date they en made and American Creek disclaims any obligation to update any forward-looking statements, except as required by law.

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.

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