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NEWS RELEASE

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BITTERROOT OPTIONS MINERAL CREEK (DEBBIE) HIGH-GRADE GOLD PROJECT, PORT ALBERNI, BC

Bitterroot Resources Ltd (BTT, TSX-V) has entered into an option agreement covering the Mineral Creek Property (formerly known as the Debbie Property), which is located on Vancouver Island, 10 kilometres east of Port Alberni, BC and 120 kilometres west of the city of Vancouver. Four areas will be systematically explored for easily accessible, highgrade gold mineralization, based on extremely encouraging results obtained by Westmin Resources Limited between 1985 and 1991. Westmin identified the Linda Zone, 900 Zone, 1050 Zone and Mineral Creek Zone, which host quartz veins with high-grade gold mineralization (see tables) along a two kilometre-long trend. These zones were discovered but not extensively explored by Westmin, which was focusing on largertonnage targets.

Bitterroot can earn an initial 55 percent interest in the Mineral Creek Property by completing exploration expenditures of C1.2 million, issuing 450,000 common shares and making cash payments totalling C160,000 within a three year period. Bitterroot can subsequently earn an additional 20 percent interest in the Mineral Creek property by completing further exploration expenditures of C800,000, issuing 200,000 common shares and making cash payments totalling C100,000 within the following two years. In addition to optioning the Mineral Creek property, Bitterroot will acquire a 75 percent interest in five adjoining mineral claims on 1,562 hectares by issuing 100,000 common shares to a private party. These transactions are subject to the approval of the TSX Venture Exchange.

The Mineral Creek property consists of 24 mineral claims covering 5,566 heetares in the Alberni and Nanaimo mining divisions of central Vancouver Island, BC. The project area is accessible by an extensive network of all-weather logging roads and is close to industrial infrastructure, the local power grid and a deep water port. The mild climate, low elevation and proximity to Vancouver will facilitate low-cost exploration. The property has seen three periods of high-grade gold production since the 1860's. The Mineral Creek area hosts a very large and complex gold-mineralized, hydrothermal system with several inter-related styles of mineralization occurring within an 800 metre elevation range. The gold occurrences are hosted by Sicker Group volcanic and sedimentary rocks, which also host volcanogenic massive sulphide (VMS) base metals occurrences and are prospective for additional VMS mineralization.

Between 1985 and 1991, Westmin Resources Limited invested over C\$13 million in surface and underground exploration and identified disseminated and bonanza-style epithermal gold mineralization and volcanogenic massive sulphide mineralization at several locations on the property. Westmin completed over 50,000 metres of drilling, 1,200 metres of trenching, collected 20,000 soil samples and mapped the property at 1:1,000 scale. A 1.8 kilometre-long exploration tunnel and 230 meters of crosscuts and raises were mined to provide drill platforms and bulk samples in the Minerat Creek Zone. These modern, trackless underground workings are in excellent condition and represent an important asset for further exploration and development.

Moderate to very high-grade gold mineralization has been identified in the Linda Zone. the 900 Zone and the 1050 Zone (see tables). These zones occur along a two-kilometre east/west trend which Bitterroot and Mineral Creek plan to systematically explore for high-grade gold resources. The high-grade 900 Zone was test-inined on a small scale from 1993 to 1995. Underground workings consist of 240 metres of trackless drift and 135 metres of raises. It is estimated that 1,800 Tonnes of ore grading 51 g Au/Tonne were mined. These workings are a valuable asset for further exploration work. No mapping or exploration drilling has been done from the underground workings and the 900 Zone has not been tested along strike or below this level. The Linda Zone hosts a set of three or four sub-parallel veins. Trench sampling and 12 drill holes suggest a preliminary average grade of 42 g Au/Tonne over 1.85 metres true thickness in the lower Linda vein. Drifting on surface exposures and underground drilling from the Mineral Creek tunnel are planned. The 1050 Zone was tested in 1990 by the last hole ever drilled on the Mineral Creek property, which intersected 287 g Au/Tonne (8.37 oz Au/ton) over 1.7 metres. Core recovery in this zone was only 30%. This zone has not been evaluated and no other holes have been drilled since. The 1050 Zone is approximately parallel to and 800 metres along strike from the **900 Zone**. No drilling has been done between the two zones. The Mineral Creek Zone represents pervasive, low to moderate grade gold distributed within a wide zone of deformed, altered and quartz-veined rock along the Mineral Creek fault. Most of the exploration drilling recommended by Westmin's geologists from the tunnel was not done. High-grade gold has been encountered by limited drilling, in quartz veins generally less than two metres thick which extend at least 300 metres into the hanging wall of the Mineral Creek fault (see table). The high-grade zones described above host primarily coarse, free-milling gold.

Bitterroot Resources Ltd. and Mineral Creek Ventures Inc. plan to systematically explore the two kilometre-long trend which hosts the **Mineral Creek**, **Linda**, **900** and **1050 Zones** from surface and underground to delineate high-grade gold resources. Mineral Creek Ventures Inc. will be the operator of the project during the option periods. Mineral Creek will provide the services of Michael Becherer P.Geo and Georgina Price, who have previous experience working on the property and with Westmin's comprehensive exploration data set. Both of these individuals have had prior success discovering ore zones in the complex geological environment of the Myra Falls VMS mine.

Mineral Creek Property; Significant Intersections (Pre- National Instrument 43-101)

900 Zone

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DDH	From/m	To/m	Interval/m	Au g/T	Au oz/t
D87-121	65.2	70.3	5.1	61.71	1.8
D87-66	93.0	97.3	4.3	18.68	.545
D87-86	42.7	44.8	2.1	94.49	2.756
Including	44.3	44.8	0.5	391.85	11.429
D87-50	55.7	69.2	13.5	36.2	1.056
Including	61.5	69.2	7.7	57.7	1.683
D87-58	31.4	31.8	0.4	65.83	1.92
D87-63	53.0	56.4	3.4	6.7	.196
D87-63	112.2	113.0	0.8	116.3	3.392
D87-89	48.3	48.6	0.3	134.37	3.919
D87-118	43.4.	57.75	14.35	139.8	4.08
Including	44.4	47.5	3.1	586.97	17.12

1050 Zone

DDH	From/m	To/m	Interval/m	Aug/T	Au oz/t
D90-217	58.2	59.9	*1.7	286.97	8.37
Including	58.2	59.2	1.0	375.77	10.96
Including	59.2	59.9	0.7	160.45	4.68

* Only 30% recovery

Linda Zone

DDH	From/m	To/m	Interval/m	Au g/T	Au oz/t
D88-171	12.9	13.1	0.2	272.57	7.95
D88-162	103.2	103.4	0.2	63.43	1.85
D88-162	103.4	103.6	0.2	18.3	.534
D89-187	47.6	48.0	0.4	160.8	4.69
D89-186	35.0	35.3	0.3	49.71	1.45
D89-198	46,7	47.5	0.8	51.43	1.50

Continued.....

Mineral Creek Zone

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DDH	From/m	To/m	Interval/m	Au g/T	Au oz/t
DU159-88	193.6	194.6	1.0	19.78	.577
DM57-87	38.75	38.95	0.2	167.83	4.895
DM62-87	128.35	131.25	2.9	6.2	.181
DM43-87	75.35	79.55	4.2	8.4	.245
DM36-87	36.2	36.7	0.5	28.97	.845
DM36-87	51.35	52.35	1.0	16.6	.485
DM03-86	98.4	110.6	12.2	3.63	.106
DM05-86	67.2	72.2	5.0	6.1	.178
Y88-85	57.3	68.8	11.5	3.12	.091
Y87-33	59.8	69.9	10.1	3.74	.109
Y87-37	109.7	113.7	4.0	2.12	.062
Y87-29	432.8	438.5	5.7	6.96	.203
Y88-81	116.7	122.5	5.8	2.67	.078
Y87-01	153.6	156.1	2.5	21.42	.625
Y87-01	246.4	248.7	2.3	3.7	.108
Y88-79	46.9	49.4	2.5	6.51	.190

Mr. Michael Becherer, P.Geo is the Qualified Person responsible for the content of this news release.

ON BEHALF OF THE BOARD OF DIRECTORS

Michael S. Carr Director

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of the contents of this news release.