

Vault
082E/03

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SEVEN MILE HIGH RESOURCES INC.

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PRESS RELEASE

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Maurice Hamelin, President, C.E.O. of Seven Mile High Resources Inc. is pleased to announce complete assay results for boreholes 82710 to 82721 and 82723 to 82730. Hole 82722 has been temporarily abandoned due to caving.

Boreholes 82710 to 82714 were drilled in the Main Zone.

Hole Number	Coordinates	Dip	Azi muth	Interval (feet)		Inter-section (feet)	Au Oz/ton	Ag Oz/ton
				From	To			
82710	575E/150S	-90°	-	795.6	799.7	4.1	0.09	0.07
82711	575E/150S	-83	360°	622.9	628.5	5.6	0.11	0.24
				850.9	852.8	1.9	0.09	0.14
				866.0	869.3	3.3	0.13	0.21
				884.8	887.1	2.3	0.36	0.62
				889.3	890.9	1.6	0.09	0.07
82712	575E/150S	-84	270	761.8	764.2	2.4	0.08	0.07
				765.8	768.2	2.4	0.13	0.12
				774.2	779.3	3.1	0.10	0.09
				789.4	793.7	4.3	0.12	0.12
				803.3	808.7	5.4	0.54	0.59
				836.0	836.9	0.9	0.61	0.36
				839.5	840.3	0.8	0.09	0.13
82713	575E/150S	-84	90	Weak Mineralization				
82714	615E/385S	-75	90	Weak Mineralization				

On March 24, 1988 the Discovery Hole, hole 72421 623E/135N had been drilled to test the North vein at greater depth. The vein was intersected at 648.95 to 651.24 feet, yielding an intersection 2.5 feet grading 0.774 oz/ton Au and 0.94 oz/ton Ag. This vein has now been prospected and traced on surface for over 3,000 feet. Where hole number 82708 was drilled into the vein at 124E/244N at a Dip of -45/360 the vein was intersected at 231.6 to 238.9 feet, yielding an intersection of 7.3 feet grading 0.39 oz/ton Au and 0.86 oz/ton Ag.

A second drill has been brought onto the property to specifically drill this vein.

Boreholes 82715 to 82721 and 82723 to 82730 tested the North Vein. The new step-out discovery North Vein is an E-W striking quartz-calcite-adularia vein in trachyte. The vein width is generally narrow but gold values in the vein(s) are high. Intersections grading 0.08 oz/ton Au and greater are listed below:

Hole Number	Coordinates	Dip	Azi muth	Interval (feet)		Inter-Section (feet)	Au Oz/ton	Ag Oz/ton
				From	To			
82708	124W/244N	-45'	360°	231.6	238.9	7.3	0.39	0.86
82709	422E/160S	-70	270	708.2	715.1	6.9	0.11	0.16
82715	168W/240N	-45	360	170.9	173.0	2.1	0.13	0.63
				187.3	188.1	0.8	0.96	3.31
82716	168W/240N	-70	360	Weak Mineralization				
82717	225W/226N	-40	360	145.7	147.0	1.3	0.09	0.14
82718	225W/226N	-60	360	Weak Mineralization				
82719	124W/244N	-64	360	309.7	312.1	2.4	0.18	0.69
				391.0	394.3	3.3	0.08	0.02
82720	25W/258N	-40	360	220.2	223.1	2.9	0.47	1.83
82721	25W/258N	-62	360	147.4	148.4	1.0	0.09	0.12
				209.4	210.3	0.9	0.17	1.01
				304.1	305.4	1.3	0.53	1.50
82723	81W/273N	-45	360	153.3	154.1	0.8	1.40	4.45
				166.2	166.7	0.5	1.14	3.42
				170.7	171.2	0.5	0.24	0.64
82724	81W/273N	-66	360	221.0	229.4	8.4	0.66	2.41
82725	25E/277N	-45	360	171.0	173.9	2.9	0.21	0.60
82726	25E/277N	-70	360	297.9	299.4	1.5	0.60	3.07
82727	75E/255N	-40	360	220.9	221.4	0.5	0.16	0.49
				225.9	227.0	1.1	0.65	2.62
82728	75E/255N	-66	360	356.7	357.4	0.7	1.12	2.73

<u>Hole Number</u>	<u>Coordinates</u>	<u>Dip</u>	<u>Azi muth</u>	<u>Interval (feet)</u>		<u>Inter- Section (feet)</u>	<u>Au Oz/ ton</u>	<u>Ag Oz/ ton</u>
				<u>From</u>	<u>To</u>			
82729	128.5E/262N	-45	360	190.3	195.0	4.7	0.10	0.19
				201.1	202.6	1.5	0.29	1.23
				205.0	206.5	1.5	0.09	0.20
82730	128.5E262N	-70	360	371.9	373.9	2.0	0.38	1.93
				383.3	387.6	4.3	0.42	2.48

The drilling has tested 1,000 feet of the new strike which is still open to the east and west and also open ended to a vertical depth of 300 feet. A new line of holes are planned to undercut the zone to 600 feet to show depth and tonnage.

Drilling to date is well ahead of budget and schedule.

Further results will follow when available.

ON BEHALF OF THE BOARD OF DIRECTORS



Maurice Hamelin
President

The Vancouver Stock Exchange has neither approved nor disapproved the information contained herein.

VSE Trading Symbol SVH
Stock Outstanding 3,946,679

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