NEWS RELEASE

007757

BETTER RESOURCES LIMITED

For Release: July 09, 2002

Trading Symbol: BRZ-V

Contact: Cliff Rennie (250) 758 8784

High Grade Copper Cut in Skarn Zone

Better Resources Limited has received analyses from Acme Analytical Laboratories of the core samples from two diamond drill holes on the Blue Grouse property near Campbell River, BC. Both holes were drilled from the same setup just south of the old pit where 20 ton of 12% copper was hand sorted in 1956. Hole BRZ 02-01 was drilled vertically down the western edge of the skarn band that is now interpreted to dip steeply eastward and was terminated in the footwall volcanics at 191 feet. Hole BRZ 02-02 was drilled at minus 45 degrees due East and cut the upper eastern portion of the skarn band before continuing in altered volcanics and terminating in granodiorite at 651 feet. Significant assays are:

PROPERTY FILE

Hole BRZ 02-01				Copper % .70	Gold gm/tonne .0145	Silver gm/tonne 2.3	
BRZ 02-02	16	21	5 ft	3.33	.356	10.7	

These two holes indicate that the copper-bearing skarn zone is steeply to vertically dipping and approximately 25 to 30 feet wide. Additional holes are planned from setups further west that will cut the full width of the zone to depth and along strike, permitting grade and tonnage calculations.

The Benson Lake copper mine 70 miles to the northwest produced 2.6 million tonnes of 1.6% copper with 1.44 g/tonne gold and 4.5 g/tonne silver from a skarn zone over 2.5 kilometers long. The Island Copper mine at Port Hardy had a high grade skarn zone adjacent to the porphyry copper orebody .The porphyry copper potential at the Blue Grouse property, as suggested by the magnetometer survey and humus soil sampling, has yet to be tested.

The company is pursuing funding to continue the program at the Blue Grouse property.

2118 Carmen Road, Nanaimo, BC

Phone (250) 758 8784 Fax (250) 758 8786

The TSX Venture Exchange has neither approved or disapproved of this release