

Sentine (ORF 113

Vananda Gold Ltd.

NEWS RELEASE

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The Sentinel showing consists of two replacement deposits in the limestone relatively close to the volcanic contact and about one kilometre northeast of Texada Iron Mines. These deposits, one Pb, Zn, Ag, Au, and the other massive sulphides, may represent a halo effect related to the iron skarns to the southeast. Recent grab samples from old workings and prospect pits have assayed as follows:

Sample	Oz/ton Au.	Cu/PPm	Pb/PPm	Zn/PPm	Oz/ton Ag.
Sentinel Shaft #1	0.061	1598	7797	33,092 3	10.57
Sentinel Shaft #2	0.025	1588	1304	57,767	0.730
Brownie #1	0.194	1775	242	167	0.406
Brownie #2	0.356	555	17	21	0.406
Brownie #3	0.118	962	46	71	0.076
Brownie #4	0.310	988	40	43	0.088
Brownie #5	0.010	164	22	133	0.015

Road work, geophysics, trenching, and channel sampling will be conducted at both deposits during the next few weeks.

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VANANDA GOLD LTD.

Stanley L. Beale, President

The Vancouver Stock Exchange has neither approved nor disapproved the information contained herein.